

Amount Per Serving	% DV
Orchard Fruits™ / Garden Veggies™ Blend Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Tart Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach	200 mg **
Cardio Blend Hawthorn (berry), Japanese Knotweed (root) standardized to 50% resveratrol (5 mg), Coenzyme Q10 (ubiquinone)	100 mg **
Digestive Enzyme Blend Concentrated enzyme formula (Protease I, Protease II, Amylase, Lactase, Peptidase, Cellulase, Invertase, Alpha Galactosidase, Lipase), Betaine HCl, Bromelain, Papain	100 mg **
Omega 3/6/9 Fatty Acid Seed Blend Flax Seed Powder, Sunflower Seed Powder	100 mg **
Organic Mushroom Mycelium Defense Blend Reishi (<i>Ganoderma lucidum</i>), Shiitake (<i>Lentinula edodes</i>), Oyster Hiratake (<i>Pleurotus ostreatus</i>), Enokitake (<i>Flammulina velutipes</i>), Maitake (<i>Grifola frondosa</i>), Yamabushitake (<i>Hericium erinaceus</i>), Agarikon (<i>Fomitopsis officinalis</i>), Chaga (<i>Inonotus obliquus</i>), Himematsutake (<i>Agaricus brasiliensis/blazei</i>), Kawaratake (<i>Trametes versicolor</i>), Mesima (<i>Phellinus linteus</i>), Zhu Ling (<i>Grifola umbellata</i>)	100 mg **
Citrus Bioflavonoid Complex (from orange, grapefruit, lemon, lime, tangerine) providing: Hesperidin, Naringin, Narirutin, Eriocitrin, Flavonols and Flavones	60 mg **
Inositol	50 mg **
Siberian Eleuthero (<i>Eleutherococcus senticosus</i>) (root)	50 mg **
Choline (as choline bitartrate)	30 mg **
Rutin (<i>Sophora japonica</i>) flower bud extract	25 mg **
Lutein (from marigold)	500 mcg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: plant-derived capsule (modified cellulose), vegetable magnesium stearate, silica

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Questions? 1-800-9NATURE / naturesway.com.

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GLUTEN FREE. No sugar, salt, yeast, wheat, soy, artificial colors, flavors or preservatives. **Keep out of reach of children.** Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

MAX Potency 6x Daily

The most potent, nutrient diverse Alive!® capsule multi with food-based blends:

- **Daily Greens™** blend providing amino acids
- **Orchard Fruits™/Garden Veggies™** blend
- **Cardio blend • Digestive Enzyme blend**
- **Omega 3/6/9 Fatty Acid seed blend**
- **Mushroom Mycelium Defense blend**
- **Citrus Bioflavonoid complex**

MAX B-Vitamins

to help convert food into energy*



Whole Body Nutrition

for men and women to help support:



Bones*



Cells*



Digestion*



Eyes*



Heart*



Hair/Skin/Nails*



Immunity*



Metabolism*

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Premium
Formula



NO ADDED
IRON

Alive!

Max⁶ Daily

Multi-Vitamin

MAX POTENCY

with Food Based blends

Orchard Fruits™ / Garden Veggies™
& Daily Greens™ powder (600 mg),
Enzymes, Bioflavonoids, EFAs

90 VEG CAPSULES • Multi-Vitamin Supplement

Recommendation: Take 6 capsules daily, preferably with food. If pregnant, nursing, taking any medications or have high blood pressure, consult a healthcare professional before use. Contains the amino acid phenylalanine. Not formulated for children. Do not exceed recommended use.

Supplement Facts

Serving Size 6 Capsules / Servings Per Container 15

Amount Per Serving	% DV
Calories	10
Total Carbohydrate	2 g <1%†
Vitamin A (67% [10,000 IU] as beta carotene, and 33% [5,000 IU] as retinyl acetate)	15,000 IU 300%
Vitamin C (ascorbic acid)	1,000 mg 1,667%
Vitamin D (as ergocalciferol)	1,000 IU 250%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU 667%
Vitamin K1 (as phytonadione)	80 mcg 100%
Thiamin (as thiamin mononitrate)	25 mg 1,667%
Riboflavin (Vitamin B2)	25 mg 1,471%
Niacin (as niacinamide)	125 mg 625%
Vitamin B6 (as pyridoxine HCl, pyridoxal 5-phosphate)	50 mg 2,500%
Folic Acid	400 mcg 100%
Vitamin B12 (as cyanocobalamin)	200 mcg 3,333%
Biotin	325 mcg 108%
Pantothenic Acid (as D-calcium pantothenate)	125 mg 1,250%
Calcium (as carbonate/citrate)	250 mg 25%
Iodine (as potassium iodide and from kelp powder)	150 mcg 100%
Magnesium (as magnesium oxide, magnesium citrate)	125 mg 31%
Zinc (as zinc gluconate)	15 mg 100%
Selenium (as L-selenomethionine)	200 mcg 286%
Copper (as copper bisglycinate chelate)	2 mg 100%
Manganese (as manganese bisglycinate chelate)	5 mg 250%
Molybdenum (as sodium molybdate)	75 mcg 100%
Potassium (as potassium citrate)	50 mg 1%

Daily Greens™ Blend providing Amino Acids
Spirulina, Kelp, Alfalfa (leaf, stem), Barley Grass,
Blessed Thistle (stem, leaf, flower), Blue Green Algae
(*Aphanizomenon flos-aquae*), Chlorella, Cilantro (leaf),
Dandelion (leaf), Lemon Balm (leaf), Lemon Grass,
Nettle (leaf), Plantain (leaf), Wheat Grass