

Pharmaceutical Grade | Guaranteed Purity

NORDIC



NATURALS®

- ✓ **Radiant Skin***
- ✓ **Positive Mood***
- ✓ **Healthy Immunity***

Great
lemon
taste!



COMPLETE™ OMEGA-D3

565 mg Omega-3 + 70 mg GLA + 1000 I.U. D3
The complete omega "multi" + vitamin D3
for additional bone, mood, and immune support*

Complete Omega-D3™ offers omega-3s from fish oil, omega-6 GLA from borage oil, and omega-9 oleic acid. With 1000 I.U. vitamin D3 per serving, it promotes heart health, brain health, and positive mood, and offers support for healthy bones, joints, and radiant skin.*

Wild caught. Pure. No fishy aftertaste. Friend of the Sea certified.

Every batch of Nordic Naturals fish oils is tested by a third-party certified lab for environmental toxins, including heavy metals. All fish oils are in the triglyceride form and surpass the strictest international standards for purity and freshness. Certificates of Analysis available upon request.

Suggested Use: Two soft gels daily, with food, or as directed by your health care professional or pharmacist.

Store in a cool, dry place, away from sunlight

Do not take if tamper-evident seal is broken or missing

Product protected by U.S. patent #s 6346231 & 6641837

Keep out of the reach of children

Nordic Naturals products are never sold under any store brand

Warning: Consult with your physician before using this product if you are allergic to iodine, use blood thinners, or anticipate surgery.

Supplement Facts

Serving Size: **2 Soft Gels**

Servings per container: **60**

Amount Per Serving	% Daily Value*	
Calories	20	
Calories from fat	20	
Total Fat	2.0 g	3%
Saturated Fat	0.4 g	2%
Trans Fat	0 g	†
Vitamin D3 (cholecalciferol)	1000 I.U.	250%
Total Omega-3s	565 mg	†
EPA (Eicosapentaenoic Acid)	270 mg	†
DHA (Docosahexaenoic Acid)	180 mg	†
Other Omega-3s	115 mg	†
Omega-6s	240 mg	†
GLA (Gamma-Linolenic Acid)	70 mg	†
Omega-9s	225 mg	†
OA (Oleic Acid)	180 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Less than 5 mg of Cholesterol per serving.

Please ♻️ this container

Rev. E-01

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, natural lemon flavor), borage seed oil (*borago officinalis*), natural lemon flavor, d-alpha tocopherol, vitamin D3 (cholecalciferol in olive oil), rosemary extract (a natural preservative).

No gluten, milk derivatives, or artificial colors or flavors.



Superior Triglyceride Form

Dietary Supplement | 1000 mg Soft Gels | 120 Count

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Fish oil processed in Norway.
Distributed from the U.S. by:
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