

THE EVOLUTION OF SAUCES

My philosophy is simple: every bite of food you eat should be both delicious and healthful. I created Primal Kitchen® because in the world of real-food eating, veggies and meat can become pretty boring without sauces. Yet most contain harmful fats, sugars and artificial ingredients for "taste." I'm doing things differently: no more sacrificing flavor for health—and no offensive ingredients allowed! I'm on a mission to make healthy eating easy and exciting by creating the world's best-tasting, nutrient-dense sauces & dressings.



MARK SISSON
Founder, PRIMAL KITCHEN®
Author of *The Primal Blueprint*
and *MarksDailyApple.com*

primalkitchen.com

Shake me and refrigerate after opening.



RANCH

DRESSING
MADE WITH

AVOCADO OIL



WHOLE
30
approved

SOY &
CANOLA
FREE

DAIRY
FREE

SUGAR
FREE

8 FL OZ
(237mL)

✓ PRIMAL & PALEO
APPROVED

Nothing synthetic or artificial.
Real-food ingredients only.

✓ SUGAR FREE

✓ SOY & CANOLA FREE

✓ DAIRY FREE

✓ GLUTEN & GRAIN FREE

INGREDIENTS:

Avocado Oil, Water, Organic Apple Cider Vinegar, Organic Distilled Vinegar, Cream of Tartar, Sea Salt, Gum Acacia, Organic Cage-Free Eggs, Organic Onion Powder, Organic Garlic Powder, Organic Lemon Juice Concentrate, Nutritional Yeast, Organic Tapioca Starch, Konjac, Organic Parsley, Organic Chives, Organic Dill, Organic Black Pepper, Organic Rosemary Extract

CONTAINS: EGGS

Nutrition Facts Serv. Size: 2 Tbsp (30ml),
Servings Per Container about 8, Amount Per
Serving: **Calories** 140, Fat Cal. 140, **Total Fat** 15g
(23% DV), Sat. Fat 1.5g (8% DV), Cholest. 0mg
(0% DV), **Sodium** 210mg (9% DV), **Total
Carbohydrate** 2g (1% DV), Not a significant source
of Trans fat, Fiber, Sugar, Protein, vitamin A,
vitamin C, calcium and iron. Percent Daily Values
(DV) are based on a 2,000 calorie diet.

Distributed by: Primal Nutrition, LLC
Oxnard CA 93033
Questions? 1-888-774-6259