

## PERFORMIX<sup>®</sup> PRO GAINER<sup>+</sup>

Size matters, but it should be quality over quantity. When putting on mass, you look to build colossal muscle and impressive strength, while maintaining a lean and fit body composition. We combine an abundance of quality protein with a multi-phase carbohydrate blend along with creatine, leucine and time-release glutamine for a formula ideal for explosive growth. They work together to create the perfect macronutrient profile for putting on massive amounts of lean muscle, and providing you with sufficient recovery from even the most demanding training regimen.\*

**Muscle Growth:** Build mass with our optimally designed macronutrient profile, containing an abundance of protein and carbohydrates, combined with creatine and leucine. This formula provides you with the right elements to accelerate strength and muscle growth by providing an ample ratio of these key nutrients.†

**Recover, Rebuild, and Recharge:** Time-release glutamine beads help you repair muscle, support endurance and aid recovery from challenging training as you continue to gain mass.†

**Multi-Phase Carbohydrate Blend:** If you want quality size, you need quality ingredients. Our multiphase blend of carbohydrates combines fast-digesting high-glycemic carbs with low-glycemic whole-food sourced carbs. This means you get the benefits of quickly absorbing carbs for immediate muscle-building and recovery along with the advantages of a longer absorbing plant-based carb source.†

## PRO GAINER<sup>+</sup>

MULTI-PHASE MASS GAINER<sup>+</sup> + TIME-RELEASE GLUTAMINE

## PERFORMIX<sup>®</sup>

DRIVEN BY INNOVATION. DEFINED BY PERFORMANCE.

Every PERFORMIX supplement is driven by our TERRA Intelligent Dosing™ technology, utilizing best in class bioavailability enhancers and intelligent dosing delivery to help maximize every single molecule's potential... period. To out perform, out last and out do.†

TERRA Coating is an innovative Multi-Coating Matrix (MCM) technology that targets pH extended release functionality. This offers an advanced delayed release coating system designed with multiple release points to help maximize ingredient performance.†

# PERFORMIX<sup>™</sup>

ADVANCED MULTI-PHASE EXTENDED RELEASE

### 1 FREE FORM AMINO ACIDS:

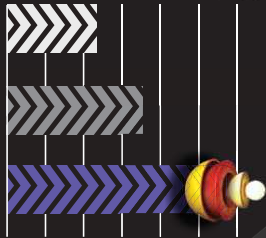
Leucine and Glutamine absorbed instantly to promote rapid recovery and stimulate muscle protein synthesis.†

### 2 CARB10<sup>™</sup>:

Fast gastric emptying and slow digesting, plant-derived carb source to provide sustained recovery.†

### 3 TERRA GLUTAMINE BEADS:

Time release glutamine release to encourage recovery and repair long after workout.†



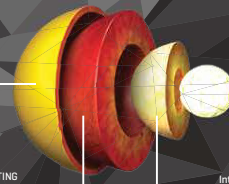
Muscle Growth<sup>†</sup>  
Recover, Rebuild, and Recharge<sup>†</sup>  
Diversified Carbohydrate Blend



**PEANUT BUTTER BROWNIE**  
NATURALLY & ARTIFICIALLY FLAVORED

NET WT. 5.32 LB (85.2 OZ) / 2.42 KG DIETARY SUPPLEMENT

PERFORMIX  
TERRA POD  
MULTI-COATING  
MATRIX



DISPERSION COATING  
Intelligent rate control  
polymer designed for  
extended release  
ingredient profile.

HYDROPHILIC COAT  
Intelligent carrier control  
pore former within  
the dispersion coat  
provides delayed release  
functionality.

TERRA TARGET  
INGREDIENTS

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**SUGGESTED USE:** As a dietary supplement, adults mix 1 serving (2 scoops) with 16 ounces of cold water immediately after exercise or vigorous activity as needed. **Please read the entire label before use.**

## Supplement Facts

Serving Size: 2 Scoops (84.5g)  
Servings Per Container: 10

Amount Per Serving		% Daily Value*
<b>Calories</b>	830	
<b>Total Fat</b>	7 g	9%
<b>Saturated Fat</b>	3.5 g	18%
<b>Cholesterol</b>	115 mg	38%
<b>Total Carbohydrate</b>	147 g	53%
<b>Dietary Fiber</b>	4 g	14%
<b>Total Sugars</b>	43 g	**
<b>Includes 35g Added Sugars</b>		70%
<b>Protein</b>	50 g	100%
<b>Calcium</b>	180 mg	15%
<b>Sodium</b>	540 mg	23%
<b>L-Glutamine</b>	7 g	**
<b>L-Leucine</b>	7 g	**
<b>Creatine Monohydrate</b>	5 g	**
<b>Betaine Anhydrous</b>	3 g	**
<b>Medium Chain Triglycerides</b>	1 g	**

\*Percent Daily Values are based on a 2000 calorie diet.

\*\* Daily Values not established.

**OTHER INGREDIENTS:** Whole Food Carb Blend (Carb10<sup>™</sup> (Legume-base starch derived from *Pisum sativum* (peas)), ModCarb<sup>™</sup> (oats, amaranth, buckwheat, chia, millet, and quinoa)), Protein Blend (Whey Protein Concentrate, Whey Protein Isolate, Whey Protein Hydrolysate), Maltodextrin, Dextrose, Cocoa Powder (Processed with Alkali), Natural and Artificial Flavors, Salt (Sodium Chloride), Gum Acacia, Xanthan Gum, Sugar Gum, Fractionated Palm Oil Powder, Sucralose, Acesulfame Potassium, Ethylcellulose, Povidone, Silicon Dioxide, Polyethylene Glycol, FD&C Yellow #5

**CONTAINS:** Milk, Soy and Peanuts

This product was produced in a facility that may also process ingredients containing milk, eggs, fish, or crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Distributed by: Performix LLC, 221 S. Cherokee St., Denver, CO 80223

Carb10<sup>™</sup> is a trademark of Compound Solutions, Inc.

ModCarb<sup>™</sup> is a trademark of VDF FutureDietals, Inc. used under license.

Carb10<sup>™</sup> and ModCarb<sup>™</sup> are trademarks of Compound Solutions, Inc.

**WARNING: DO NOT USE IF PREGNANT, NURSING, OR PLANNING TO BECOME PREGNANT. THIS PRODUCT IS INTENDED FOR USE BY HEALTHY ADULTS OVER THE AGE OF 18.** Do not use this product continuously for more than 8 weeks. Do not combine with alcohol. Not intended for use by those with a medical condition. Use only as directed. Do not exceed recommended daily intake. Consult a physician or licensed qualified health care professional prior to use if you are pregnant, or nursing, or if you are taking medication, or if you have a medical condition, including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, enlarged prostate, or glaucoma. Discontinue 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe headache or shortness of breath. **DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN. KEEP OUT OF THE REACH OF CHILDREN.** www.performixusa.com

Store in a cool (60°-80°F) dry place. Please recycle ♻️

MADE IN THE USA Proudly made in the USA with carefully selected ingredients of international and domestic origin.

ITEM 169-SNK-10 1.1

