

USAGE: Take 1 to 3 capsules per day with meals or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Ginger (*Zingiber officinale*) has been used in Asian cuisine for thousands of years. When used as a food, ginger root promotes antioxidant protection.*

Most ginger is heat processed using high-heat methods. However, **Jarrow Formulas® Ginger** is naturally-dried and not subjected to any additional heat. This process ensures the presence of the active compounds that are beneficial to the gastrointestinal tract.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #. Best Used Before:

Jarrow
FORMULAS

Made with
Naturally-Dried

Ginger

Supports Gastrointestinal Health
and Healthy Antioxidant Status*

500
MILLIGRAMS

100
CAPSULES

DIETARY
SUPPLEMENT



Supplement Facts

Serving Size 1 Capsule
Servings Per Container 100

	Amount Per Serving	% DV
Organic Ginger Root Concentrate (<i>Zingiber officinale</i>)	500 mg	†

† Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source), silicon dioxide. Capsule consists of bovine gelatin.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Store in a cool, dry place.

FILL LINE

05219GING PROD # 114026



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