

DIRECTIONS:

Chew 1 tablet, 4 times daily (allowing 2 hours between tablets) or as directed by a healthcare professional, as a dietary supplement.

DO NOT USE IF SAFETY SEAL IS BROKEN.

Keep out of reach of small children. Store at room temperature.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated and distributed by:
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H1911201




Celebrate®

Nutritional Supplements

Essential Multi 2 in 1
Chewable (Multivitamin & Calcium) **Orange-Pineapple**

Dietary Supplement
120 Tablets

Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 120

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	2 g	<1%*
Vitamin A (as retinyl palmitate and 50% from beta-carotene)	2,500 IU	50%
Vitamin C (as ascorbic acid)	45 mg	75%
Vitamin D (as cholecalciferol)	750 IU	188%
Vitamin E (as d-alpha-tocopheryl acetate)	15 IU	50%
Vitamin K (as phytonadione)	30 mcg	38%
Thiamin (as thiamin mononitrate)	3 mg	200%
Riboflavin	3 mg	176%
Niacin (as niacinamide)	10 mg	50%
Vitamin B ₆ (as pyridoxine HCl)	1 mg	50%
Folate (as folic acid)	200 mcg	50%
Vitamin B ₁₂ (as methylcobalamin and cyanocobalamin)	250 mcg	4,167%
Biotin	150 mcg	50%
Pantothenic acid (as D-calcium pantothenate)	5 mg	50%
Calcium (as calcium citrate)	375 mg	38%
Iodine (as potassium iodide)	37.5 mcg	25%
Magnesium (as magnesium citrate and magnesium oxide)	25 mg	6%
Zinc (as zinc amino acid chelate)	7.5 mg	50%
Selenium (as selenium amino acid chelate)	35 mcg	50%
Copper (as copper citrate)	0.75 mg	38%
Manganese (as manganese amino acid chelate)	0.5 mg	25%
Chromium (as chromium amino acid chelate)	50 mcg	42%
Molybdenum (as molybdenum amino acid chelate)	18.75 mcg	25%

*Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Sorbitol, mannitol, natural flavors, dried coconut oil complex, hydroxypropyl cellulose, stearic acid, citric acid, magnesium stearate, silica, sucralose and turmeric (color).
Contains Milk.