

INCREASED STRENGTH

RECOVERY.



**TAKE** 1 SCOOP **BLENDED INTO 8oz WATER** PRE/INTRA/POST

CREATINE

CREATINE

CREATINE

CREATINE PHOSPHATE

**CREATINE AKG** 

**WORKOUT** 

pH BUFFERED CREATINE ALKALINE"

## **Supplement Facts**

Serving Size 1 Scoop (6 grams) Servings Per Container 50

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	<1 g	<1%⁺
Sugars	0 g	**
Sodium	20 mg	1%
Potassium (as potassium chloride)	99 mg	3%

, ,	
<b>BEST CREATINE™ BLEND (Proprietary)</b> 4 g	
Creatine monohydrate	**
Creatine anhydrous	**
Creatine MagnaPower® (as magnesium creatine chelate)	**
Creatine phosphate	**
Creatine AKG	**
pH buffered Creatine alkaline™	**
Betaine anhydrous (TMG) buffered 500 mg	**
Himalayan Pink Salt 50 mg	**

† Percent Daily Values are based on a 2,000 calorie diet. \*\* Daily Value not established.

Other Ingredients: Natural and artificial flavors, citric acid, malic acid. maltodextrin silica sucralose acesulfame k and FD&C Red No. 40.

## **MUSCLE RECOVERY LEAN MUSCLE**<sup>\*†</sup>

Please read entire label before use.

Suggested Use: Take one (1) serving (1 scoop) blended into 8oz of ice cold water. either before, during, or after workout, or as directed by a qualified healthcare practitioner. On non-training days, take one (1) serving (1 scoop) first thing in the morning, on an empty stomach, or as directed by a qualified healthcare

Warnings: Not intended for use by persons under age 18. Do not exceed recommended dose. Get the consent of a licensed physician before using this product, especially if you are taking are pregnant, nursing or thinking about THIS PRODUCT AND ALL SUPPLEMENTS OUT OF THE REACH OF CHILDREN.

## PRE/INTRA/POST WORKOUT

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