USAGE: Take 1 softgel per day with food or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, or are taking medications, consult your healthcare professional before using this product.

Lutein is an antioxidant carotenoid that occurs in nature with zeaxanthin, a closely related carotenoid. Lutein and zeaxanthin concentrate in the eye's macula and lens, as well as in the brain, skin, breast and cervical tissues.* Both lutein and zeaxanthin protect the macula from degradation normally associated with aging and oxidative stress.* The macula is responsible for focus and color differentiation. Lutein and zeaxanthin are found in dark green, leafy vegetables. While the average intake of lutein is only 2 mg per day, other population groups consume up to 20 to 25 mg per day.

Jarrow Formulas® Lutein is extracted from marigold petals. Each softgel contains 20 mg lutein (net yield) as free lutein, the form found in the macula.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lutemax® 2020 is a registered trademark of OmniActive Health Technologies, LTD.

Lot #.   Best Used Before:

Jarrow FORMULAS®

Lutein 20 mg /
Zeaxanthin 4 mg

Lutein

Supports Visual Function*
and Macular Health*

| **20** MILLIGRAMS | **30** SOFTGELS | **DIETARY SUPPLEMENT** |

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 30

	Amount Per Serving	% DV
Lutein (*Tagetes erecta*) (Marigold Petal Extract)	20 mg	†
Zeaxanthin (*Tagetes erecta*) (Marigold Petal Extract)	4 mg	†

† Daily Value not established.

Other Ingredients: Sunflower oil, beeswax and natural mixed tocopherols (added to maintain freshness). Softgel consists of bovine gelatin, glycerin and purified water.

No wheat, gluten, dairy, egg, fish/shellfish, or peanuts/tree nuts.

NOTE: Color variation due to nature of material.

Store in a cool, dry place.

11318LU30   PROD # 112024

Lutemax 2020
LUTEIN &
ZEAXANTHIN

Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and Formulation℠
P.O. Box 35994
Los Angeles, CA 90035-4317
www.Jarrow.com

7   90011 12024   7

© 2018 Jarrow FORMULAS®