

Over 30 **Organic**FAMILY FARMED foods



CERTIFIED ORGANIC

Farmed without the use of toxic pesticides and fertilizers



NON-GMO VERIFIED

Independent, third party verification



VEGAN CERTIFIED
Third party certified by Vegan Action



GLUTEN FREE CERTIFIED

Third party certified by the Gluten-Free Certification Organization (GFCO)



Finally, a Whole Food Multi that's certified organic, Non-GMO verified, from real, honest, nutritious foods.



Once Daily Whole Food Multivitamin formulated for Women



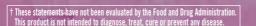
HEALTH, ENERGY, BEAUTY

Promotes **energy**, **metabolism**, **blood** and **heart** health plus radiant **skin** and **nails**[†]



REAL FOOD FORMULA

Made from real food - over 30 fruits, vegetables and herbs





CERTIFIED ORGANIC WHOLE FOOD



WOMEN'S ONCE DAILY

WHOLE FOOD MULTIVITAMIN





60 Vegan Tablets

Whole Food Dietary Supplement

Suggested Use: Adults take 1 tablet daily with food. Not intended for children.

Supplement Facts

Serving Size 1 Tablet Servings Per Container 60

	Serving	Value
Vitamin A (as Beta Carotene from Organic Food Blend)	5,250 IU	110%
Vitamin C (from Organic Food Blend)	60 mg	100%
Vitamin D (D3 from Lichen)	1,000 IU	250%
Vitamin E (from Organic Food Blend)	30 IU	100%
Vitamin K (K Complex with K2 MK-7)	80 mcg	100%
Thiamin (Vitamin B1 from Organic Food Blend)	2 mg	130%
Riboflavin (Vitamin B2 from Organic Food Blend)	2 mg	120%
Niacin (from Organic Food Blend)	20 mg	100%
Vitamin B6 (from Organic Food Blend)	10 mg	500%
Folate (from Organic Food Blend)	420 mcg	110%
Vitamin B12 (Methylcobalamin from Saccharomyces cerevisiae)	12 mcg	200%
Biotin (from Organic Food Blend)	315 mcg	110%
Pantothenic Acid (from Organic Food Blend)	10 mg	100%
Calcium (from Organic Food Blend)	5 mg	2%
Iron (from Organic Food Blend)	2 mg	10%
Magnesium (from Organic Food Blend)	2 mg	2%
Zinc (from Organic Food Blend)	5 mg	35%
Selenium (from Organic Food Blend)	74 mcg	110%
Manganese (from Organic Food Blend)	1.5 mg	80%
Chromium (from Organic Food Blend)	127 mcg	110%
Certified Organic Food Blend	634 mg	+

Murraya koenigii (leat), Organic Apolle (fruit), Organic Amla Berry (fruit), Organic Holy Basil (leat), Organic Annatto (fruit & seed), Organic Moringa (leat), Organic Lemon (peel), Organic Beet (root), Organic Broccoli (stalk & flower), Organic Lantana camara (aerial), Organic Organic India (aerial), Organic Carrot (root), Organic Spinach (leat), Organic Tomato (fruit), Organic Strawberry (fruit), Organic Cherry (fruit), Organic Blackberry (fruit), Organic Green Bell Pepper (fruit), Organic Granic Garlic (bulb), Organic Green Onion (bulb), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Raspberry

(fruit), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Red

Cabbage (leaf), Organic Kale (leaf), Organic Cucumber (gourd), Organic Celery

Organic Sesbania grandiflora (leaf), Organic Guava (fruit & leaf), Organic Curry

(stalk), Organic Asparagus (flower & stem)

+ Daily Value not established.

Other Ingredients: Clean Tablet Technology™ Blend (patent pending): Organic Tapioca Dextrose, Organic Gum Arabic, Organic Brown Rice (Consentrate & Extract), Organic Potato Starch, Organic Coating (Organic Tapioca Malfodextrin, Organic Sunflower Leithin, Organic Path (i)). Organic Quar Gum).

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Keep out of reach of children.

Store in a cool, dry place. Do not use if safety seal is broken or missing. Contains no artificial colors or preservatives.



Distributed by Garden of Life LLC
4200 Northcorp Parkway, Palm Beach Gardens, FL 33410 USA

Made in the U.S.A. from foods grown in the U.S.A and other countries. www.gardenoflife.com

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