



# Magnesium

350 mg

DIETARY SUPPLEMENT

Promotes Cardiovascular Health & Muscle Function\*

90 Capsules

\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

5221-4b

7.1875" x 2.8125"

200cc

## Supplement Facts

Serving Size 1 Capsule

	Amount Per Capsule	% Daily Value
Magnesium (from magnesium oxide)	350 mg	88%

Other Ingredients: Microcrystalline cellulose, magnesium stearate (veg.), beef gelatin capsule.

**Directions:** Take one capsule daily, preferably **at mealtime**. Keep bottle tightly closed. Store away from heat and moisture.

✓ **Gluten-free** ✓ **Preservative-free**  
✓ **Sugar-free**

DO NOT ACCEPT IF CLEAR BAND AROUND BOTTLE NECK AND CAP IS DAMAGED OR MISSING.

Magnesium is an essential mineral, important for many vital body functions. Magnesium is responsible for proper heart rhythm, nervous system function, and the normal utilization of calcium and potassium.\* It may naturally help promote and maintain regular bowel elimination.\*

### POTENCY & QUALITY GUARANTEED

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.  
Arlington Heights, IL 60004

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