Nutrition Facts

Serving Size 1oz (28g)
Servings Per Container 5

Amount Per Serving	
Calories 130	Calories from Fat 45
	% Daily Value*
Total Fat 5g	**8%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 120mg	**5%**
Total Carbohydrate 19g	**6%**
Dietary Fiber less than 1 gram	**2%**
Sugars 1g	
Protein 2g	

Vitamin A 2%	•	Vitamin C 0%
Calcium 2%	•	Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Yellow Corn, Sunflower Oil, Natural Cheddar Cheese Flavor (Whey, Reduced Lactose Whey, Maltodextrin, Cheddar and Blue Cheese (Cultured Milk, Salt, and Enzymes), Canola Oil, Salt, Disodium Phosphate, Citric Acid, Lactic Acid).

Contains dairy ingredients.

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POPCORNERS®

THE NEW SHAPE OF POPCORN®

ENLARGED TO SHOW TEXTURE

POPPED CORN CHIPS

GLUTEN FREE

• WHITE CHEDDAR •

WHOLESOME IN A CHIP™

NET WT. 5oz (142g)

POPCORNERS®

THE NEW SHAPE OF POPCORN®

POPCORNERS ARE THE *delicious* NEW SNACK WITH THE SNAP OF A CHIP AND THE SAME WHOLESOME GOODNESS AS POPCORN. THEY'RE *air popped* WITH REAL CORN SO YOU CAN SNACK SMART. ENJOY THEM ALONE OR WITH YOUR FAVORITE DIPS.

Also try these great PopCorners® flavors.

- • BUTTER •
- • SEA SALT •
- • KETTLE •
- • CHEESY JALAPEÑO •
- • SWEET CHILI •

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www.popcorners.com