

Promotes Heart, Brain, Vision and Joint Health*

Flavor

1814-1d 5.8125" x 2.125" 100cc

Carlson. Specializing in the finest Norwegian fish oils since 1982

Supplement Facts

Serving Size 1 Soft Gel

Amount P	er Soft Gel	% DV
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Cholesterol	5 mg	2%
Vitamin E (as natural d-Alpha Tocopherol)	10 IU	33%
Norwegian Calamari Oil	1000 mg	t
Omega-3 Fatty Acids®	550 mg	t
DHA (Docosahexaenoic Acid)®	500 mg	t
EPA (Eicosapentaenoic Acid)☆	50 mg	t
** Percent Daily Values are based on a 2,000 calorie diet.		

+ Daily Value (DV) not established. "Reported as ethyl ester.

Other Ingredients: Natural lemon flavor, mixed tocopherols.

Soft Gel Shell: Beef gelatin, glycerin, water. Contains calamari.

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
Arlington Heights, IL 60004 • 888-234-5656 • 847-255-1600
www.carlsonlabs.com • An FDA Regulated Facility

The sustainability of our environment pertains to us all. EcoSmart OPHA 500 is an eco-friendly and highly sustainable source of the important omega-3s, EPA and DHA. Each easy-to-swallow soft gel provides 500 mg of DHA from calamari oil. EcoSmart DHA 500: Healthy for you. Healthy for our Earth

Directions: Take one soft gel once or twice dailing, at mealtime. Keep bottle tightly closed and out of the reach of children.

V Gluten-free V Preservative-free

PURITY GUARANTEED

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.



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