

**Biotin** is an important B-vitamin that provides dietary support for healthy hair and nails as well as energy production. By supporting the matrix of hair and nails, Biotin promotes shiny, lustrous hair and strong, resilient nails.†

100% Vegetarian.

**Consult your healthcare professional** prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating.

**STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 5396 F: 3002371 L: 2006236-10266



NATROL<sup>®</sup>  
**Biotin**  
10,000mcg

**Maximum Strength**

- Promotes Healthy Hair and Strong Nails<sup>†</sup>
- Supports Cellular Energy Production<sup>†</sup>

**100 Tablets**  
**Dietary Supplement**



**Directions:** Take 1 tablet, one time daily, with a meal.

**Supplement Facts**

**Serving Size:** 1 Tablet

<b>Amount Per Serving</b>	<b>%DV*</b>	
Biotin	10,000 mcg	3333%
Calcium (from Dibasic Calcium Phosphate)	66 mg	7%

\*Daily Value (DV)

**Other Ingredients:** Cellulose, Stearic Acid, Silica, Magnesium Stearate, Methylcellulose, Cellulose Gum, Glycerin.

Manufactured by NATROL, Inc.  
Chatsworth, CA 91311 • USA  
1-800-2-NATROL (800-262-8765)  
[www.natrol.com](http://www.natrol.com)

**NO** Yeast, Wheat, Corn, Milk, Egg, Soy, Glutens, Artificial Colors or Flavors, Added Sugar, Starch or Preservatives

LOT/EXP: