



CORE SERIES

DIETARY SUPPLEMENT
NET WT 0.39 LBS (180 G)

BCAA 3:1:2
THE FOUNDATION OF YOUR TEMPLE™



BRANCHED CHAIN AMINO ACID COMPLEX

- SUPPORTS LEAN MASS GROWTH*
- REDUCES MUSCLE BREAKDOWN*
- INCREASES PROTEIN SYNTHESIS*

SUGGESTED USE: Take one (1) serving (2 scoops) of BCAA 3:1:2™ mixed into 10-12 oz. of cold water. Consume 1 serving one to three times daily. For optimal use, take between meals, 30-45 minutes before workouts, and/or immediately after workouts.

Supplement Facts

Serving Size: 2 scoops (6.0 g)
Servings Per Container: 30

Amount Per Serving		% DV*
L-Leucine	3,000 mg	†
L-Valine	2,000 mg	†
L-Isoleucine	1,000 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily value not established

Other Ingredients: Soy Lecithin.

ALLERGEN WARNING: This product contains soy. This product was produced in a facility that may also process ingredients containing milk, egg, soybeans, shellfish, fish, tree nuts, and peanuts.

STORAGE CONDITIONS: Store in a cool dry place.

WARNING: Do not exceed the recommended daily dose. Consult a physician prior to use if you have any medical conditions. Do not use if you are pregnant or expect to become pregnant or are nursing.

KEEP OUT OF REACH OF CHILDREN.



**DEMAND MORE
OF YOUR BODY
AND YOUR BCAA.**

MusclePharm® BCAA 3:1:2™ offers a unique patent-pending ratio—3 Leucine, 1 Isoleucine, 2 Valine—that is specifically tuned to deliver the ideal amounts of these three amino acids during all phases of muscle development and maintenance. Through this formulation, amino acids are released both before and after a workout. BCAA 3:1:2™ minimizes muscle damage, while supporting increased lean body mass. ▼

▼ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Exclusively Developed & Manufactured For: **MusclePharm® Corp.**
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Made in a cGMP Certified Facility.
Packaged In USA.

MUSCLEPHARM.COM

