SOURCE NATURALS®

NON GMO VALIDATED

DIETARY SUPPLEMENT

MELATONIN

FOR OCCASIONAL SLEEPLESSNESS*

PEPPERMINT FLAVORED SUBLINGUAL

2.5 MG • 120 TABLETS

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Vitamin B-6	335 mcg	18%
(from pyridoxal -5' phosphate [Coenzymated™])		
Melatonin	2.5 mg	†

†Daily Value not established.

Other ingredients: sorbitol, mannitol, natural peppermint flavor, stearic acid, and magnesium stearate.

Melatonin is a neurohormone produced in humans by the pineal gland. A favorite of travelers, it governs the body's circadian rhythms, helping the body ease into restful sleep. Melatonin is also a potent antioxidant.*

Suggested Use: 1 tablet at bedtime; 1/2 tablet may be sufficient for some people. Do not take more than 2 tablets daily. Place tablet under the tongue and allow to dissolve slowly, altering the position of the tablet to avoid prolonged contact with the same area.

STORE IN A COOL, DRY PLACE.

WARNING: USE ONLY AT BEDTIME. For adult use only. Not for use by children, teenagers, or women who are pregnant, may become pregnant, or breastfeeding. If you are under medical supervision, or have an autoimmune disease, diabetes, a depressive disorder, a thyroid condition, epilepsy, leukemia, or a lymphoproliferative disorder, or are taking MAO inhibitor drugs or corticosteroids such as hydrocortisone or prednisone, consult your physician before taking this product. Do not take with alcoholic beverages or when operating machinery or driving a vehicle.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:
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