Pharmaceutical Grade | Guaranteed Purity

Complete Omega™ offers omega-3s from fish oil, omega-6 GLA from borage oil, and omega-9 oleic acid. This balanced blend promotes heart health, brain function, and a positive mood, and offers support for healthy joints and skin.*

Wild caught, Pure. No fishy aftertaste. Friend of the Sea certified.

Every batch of Nordic Naturals fish oils is tested by a third-party certified lab for environmental toxins, including heavy metals. All fish oils are in the triglyceride form and surpass the strictest international standards for purity and freshness. Certificates of Analysis available upon request.

Suggested Use: Two soft gels daily, with food, or as directed by your health care professional or pharmacist.

Store in a cool, dry place, away from sunlight

Do not take if tamper-evident seal is broken or missing Product protected by U.S. patent #s 6346231 & 6641837

Keep out of the reach of children

Nordic Naturals products are never sold under any store brand

Warning: Consult with your physician before using this product if you are allergic to iodine, use blood thinners, or anticipate surgery.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



300.662.2544 ordicnaturals.com ordicnaturals.com/nonamo NORDIC 🐸

▼ Radiant Skin* Positive Mood*

Flexible Joints*







COMPLETE OMEGA

565 mg Omega-3 + 70 mg GLA

The complete omega "multi" with omegas 3, 6, and 9 for healthy skin, joints, and cognition*





Superior Triglyceride Form

Supplement Facts

	Serving Size: 2 Soft Gels	Servings per container: 30	
rieuse 🚓 iiiis comuniei	Amount Per Serving	% Daily Value*	
1	Calories	20	
_	Calories from fat	20	
7	Total Fat	2.0 g	3%
200	Saturated Fat	0.4 g	2%
2	Trans Fat	0 g	Ť
	Omega-3s	565 mg	Ť
	EPA (Eicosapentaenoic Acid)	270 mg	t
	DHA (Docosahexaenoic Acid)	180 mg	t
	Other Omega-3s	115 mg	t
	Omega-6s	240 mg	t
	GLA (Gamma-Linolenic Acid)	70 mg	Ť
	Omega-9s	225 mg	Ť
	OA (Oleic Acid)	180 mg	Ť

Percent Daily Values are based on a 2,000 calorie diet. Daily Value not established.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft ael capsule (gelatin, glycerin, water, natural lemon flavor), borage seed oil (borago officinalis), natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative). No aluten, milk derivatives, or artificial colors or flavors.

Dietary Supplement | 1000 mg Soft Gels | 60 Count

Less than 5 mg of Cholesterol per serving.