

health

Whole-Food Cultured

Organic whole-food cultured vitamins and minerals go beyond just addressing nutrient deficiencies to promote overall health and system-specific benefits, with complementary herbs.*

Gentle

Every Woman™ is a probiotic-cultured multivitamin that can be taken anytime—even on an empty stomach!

Hormone Health

Organic Chaste Tree Berry, a traditional women's tonic, supports hormone health with complementary Red Clover and Raspberry leaf.*

Immune & Stress Support

Cultured Zinc[†] and Vitamins C & A support immune system function, with complementary Elderberry. Also, emerging studies suggest that taking a daily multivitamin provides support for occasional stress.*

Convenient

Two-a-day multi is formulated specifically for the needs of active women.

GLUTEN FREE

NEWCHAPTER®

MADE WITH ORGANIC VEGETABLES AND HERBS



every woman™ MULTIVITAMIN

Whole-Food Cultured Multivitamin
with Nutrients for Immune, Stress[†]
and Hormone Support*[‡]

Can be taken on an empty stomach



24 Tablets

DIETARY SUPPLEMENT

Supplement Facts

Serving size 2 Tablets
Servings per container 12

Amount per serving		%DV
Vitamin A (100% as beta-carotene from culture media)	5000 IU	100%
Vitamin C (as ascorbic acid from culture media)	60 mg	100%
Vitamin D3 (as cholecalciferol from culture media)	1000 IU	250%
Vitamin E (as d-alpha-tocopheryl acetate from culture media)	30 IU	100%
Vitamin K (as phyloquinone [K1] from culture media and as menaquinone-7 [K2] from natto)	80 mcg	100%
Thiamin (as thiamine hydrochloride from culture media)	4 mg	267%
Riboflavin (from culture media)	5 mg	294%
Niacin (as niacinamide from culture media)	20 mg	100%
Vitamin B6 (as pyridoxine hydrochloride from culture media)	5 mg	250%
Folate (as folic acid from culture media)	400 mcg	100%
Vitamin B12 (as cyanocobalamin from culture media)	30 mcg	500%
Biotin (from culture media)	300 mcg	100%
Pantothenic Acid (as calcium D-pantothenate from culture media)	25 mg	250%
Calcium (from algae <i>Lithothamnion</i> (<i>L. calcareum</i> and <i>L. coralloides</i>))	50 mg	5%
Iron (as ferrous fumarate from culture media)	9 mg	50%
Iodine (as potassium iodide from culture media)	75 mcg	50%
Magnesium (as magnesium oxide; from culture media and algae <i>Lithothamnion</i> (<i>L. calcareum</i> and <i>L. coralloides</i>))	10 mg	2%
Zinc (as zinc oxide from culture media)	7.5 mg	50%
Selenium (as selenium dioxide from culture media)	100 mcg	143%
Copper (as copper sulfate anhydrous from culture media)	750 mcg	38%
Manganese (as manganese chloride from culture media)	2 mg	100%
Chromium (as chromium chloride from culture media)	100 mcg	83%
Molybdenum (as sodium molybdate from culture media)	10 mcg	13%
Stress/Energy Support Blend (from culture media)	90 mg	*
Organic Schizandra (berry), Organic Maca (root), Organic Chamomile (flower)		
Hormone Support Blend (from culture media)	90 mg	*
Organic Chaste Tree (berry), Organic Red Clover (flower), Organic Raspberry (leaf)		
Immune Support Blend (from culture media)	60 mg	*
European Elder (berry) Extract, Organic Eleuthero (root), Organic Astragalus (root)		
Digestive Support Blend (from culture media)	45 mg	*
Organic Aloe (leaf), Organic Peppermint (leaf), Organic Coriander (seed), Organic Cardamom (seed), Organic Artichoke (leaf)		
Cardio Support Blend	30 mg	*
Organic Fenugreek (seed) from culture media, Organic Oregano (leaf) from culture media, Grapeseed Extract, Organic Hawthorn (berry and seed) from culture media		
Organic Turmeric (rhizome) powder (from culture media)	4.8 mg	*
Ginger (rhizome) hydroethanolic extract	2.4 mg	*
Organic Turmeric (rhizome) supercritical extract	1.2 mg	*
Organic Ginger (rhizome) supercritical extract	0.6 mg	*

* Daily Value (DV) not established

Other Ingredients: Culture media (organic soy flour, organic gum acacia, organic *Saccharomyces cerevisiae* [active and inactive], organic maltodextrin, organic orange peel powder, organic alfalfa powder, organic carrot powder, papain [deactivated], bromelain [deactivated], lactic acid bacteria [*L. acidophilus*, *B. bifidum*, *L. rhamnosus*]), organic molasses and organic safflower oil), organic gum acacia, silicon dioxide, lac resin, carnauba wax and maltodextrin.

Contains: Fermented soy and fermented wheat (as food source for *Saccharomyces cerevisiae*).**

** The wheat has been processed to allow this food to meet the Food and Drug Administration (FDA) requirements for gluten-free foods.

Distributed by NEW CHAPTER, INC., 90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301

For questions or comments call 888-874-4461

Certified Organic by International Certification Services, Inc., Medina, ND, USA

holistic

New Chapter® Whole-Food Probiotic-Cultured Multis: More Than Food Supplements, They're *Supplemental Food!*™

PROBIOTIC-CULTURED
Fermented with Beneficial Live Probiotics

NON-GMO
PROJECT VERIFIED
Made with Organic Vegetables and Herbs

WHOLE-FOOD COMPLEXED
Can Be Taken on an Empty Stomach

Suggested use: Two tablets daily.
Can be taken anytime, even on an empty stomach.

Gluten free; 100% vegetarian; no artificial flavors or colors.



Caution: As with any dietary or herbal supplement, you should advise your healthcare practitioner of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your healthcare practitioner prior to using this product. **WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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† Not a sole source of this nutrient; a healthy diet is also important.