**USAGE**: Take 1 softgel 1 to 3 times per day with a meal or as directed by your qualified healthcare professional.

**NOTE:** If you have a medical condition, consult your healthcare professional before using this product.

Cells produce Ubiquinol, the active antioxidant state of Co-Q10, which is significantly better absorbed, particularly as we age.

QH-absorb® is a proprietary, enhanced-stability formula, clinically shown in humans to increase Co-Q10 levels by 215% at 100 mg per day and by 777% over baseline at 300 mg per day.





Keep out of the reach of children. Q+®, Kaneka QH®, Kaneka Ubiquinol™ and the quality seal™ are registered or pending trademarks of Kaneka Corp.



Reduced Form Co-Q10

## Ubiquinol



High Absorption / Enhanced Stability



120

DIETARY

GLUTEN FREE

## **Supplement Facts**

Serving Size 1 Softgel Servings Per Container 120

Amount Per Serving % DV

100 mg

Ubiquinol (Kaneka QH®)
† Daily Value not established.

Other Ingredients: Medium chain triglycerides, sunflower lecithin and beeswax; rosemary extract, natural mixed tocopherols and ascorbyl palmitate added to maintain freshness. Softgel consists of bovine gelatin, glycerin and purified water; caramel and carob extract added as a light barrier.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Particle formation inside softgel is normal and dissolves after ingestion.

Store in a cool, dry place.

Distributed Exclusively by:

Jarrow Formul As

Superior Nutrition and Formulations.

P.O. Box 35994

Los Angeles, CA 90035-4317

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#. Best Used Before: MILLIGRAMS SOFTGELS SUPPLEMENT © 2018 Jarrow Formulas\*