

**USAGE:** Take 3 capsules per day with food or as directed by your qualified healthcare professional.

**NOTE:** If you have a medical condition (especially diabetes or being treated for glucose control), are pregnant, lactating, trying to conceive, under the age of 18, or taking medications (especially for glucose control), consult your healthcare professional before using this product.

**Vision Optimizer®** supports visual function and ocular antioxidant status.\*

- **Lutein** and **Zeaxanthin** are critical antioxidant carotenoids for the macula of the eyes.\* Dark green, leafy vegetables include significant amounts of lutein and zeaxanthin. Lutein and zeaxanthin reduce age-related increases in the lens' density.\*
- **New Zealand Blackcurrant Extract** (*Ribes nigrum*) contains powerful polyphenol antioxidants that reduce eye fatigue and promote eye comfort.\*
- **Grape Seed Extract** (*Vitis vinifera*) supports the strength of capillaries and other blood vessels in the eyes.\*
- **Alpha Lipoic Acid**, **Selenium** and **Vitamin B<sub>2</sub>** support the antioxidants glutathione and glutathione peroxidase, which protect the eyes' lenses.\*
- **Quercetin** is an antioxidant that supports lens architecture.\*

**Keep out of the reach of children.**

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Distributed Exclusively by:  
**Jarrow FORMULAS®**  
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Lot #. Best Used Before:

**Jarrow®**  
FORMULAS

# Vision Optimizer®

Supports Visual Function\*

90  
CAPSULES

DIETARY  
SUPPLEMENT

E 1  
CB 2  
DLF 3  
PTEO 4

## Supplement Facts

Serving Size 3 Capsules

Servings Per Container 30

	Amount Per Serving	% DV
Vitamin C (as ascorbic acid)	200 mg	330%
Vitamin E (as d-alpha tocopherol)	16 IU	50%
Vitamin B <sub>1</sub> (as thiamine mononitrate)	12 mg	800%
Vitamin B <sub>2</sub> (as riboflavin)	10 mg	590%
Vitamin B <sub>3</sub> (as niacinamide)	100 mg	500%
Vitamin B <sub>6</sub> (as pyridoxine HCl)	12 mg	600%
Selenium (as methylselenocysteine)	10 mcg	15%
Taurine	500 mg	*
Quercetin	300 mg	*
Blackcurrant Extract ( <i>Ribes nigrum</i> ) (20% polyphenols) (fruit)	100 mg	*
Alpha Lipoic Acid	100 mg	*
Gamma Tocopherol	100 mg	*
Grape Seed Extract ( <i>Vitis vinifera</i> ) (95% polyphenols)	100 mg	*
Eyebright ( <i>Euphrasia officinalis</i> ) (leaf)	100 mg	*
Lutein (from esters) ( <i>Tagetes erecta</i> ) (marigold petal extract)	10 mg	*
Zeaxanthin (from esters) ( <i>Tagetes erecta</i> ) (marigold petal extract)	2 mg	*

\* Daily Value not established.

Other Ingredients: Maltodextrin, magnesium stearate (vegetable source), silicon dioxide and cellulose. Capsule consists of gelatin.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.