

TWINLAB MAGNESIUM CAPS are easier to swallow and assimilate. Well tolerated by most highly allergic individuals.

No tablet binders, coatings or colorings.

Free of the most common allergens such as corn, soy, yeast, rice, barley, wheat, lactose (milk sugar) and all milk, citrus, fish and egg products.

No added flavorings, sugars, salt, artificial sweeteners, colorings, preservatives or salicylates.

Best if used by date shown on bottle.

MANUFACTURED BY TWINLAB CORPORATION
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TWINLAB®

MAGNESIUM CAPS

Natural • High Potency
DIETARY SUPPLEMENT

100 Capsules

400 mg

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		%DV
Magnesium (as magnesium oxide)	400 mg	100%

OTHER INGREDIENTS: Gelatin, potato starch, magnesium silicate, purified water, medium chain triglycerides, croscarmellose sodium, magnesium aspartate, silica.

Directions: Take 1 capsule daily. Keep tightly closed in a cool, dry place.