

Supports Healthy Skin, Vision, Bones & Immune System\*
250 Soft Gels

1112-2a 5.8125" x 2.125" 100cc

## **Supplement Facts**

Serving Size 1 Soft Gel

Amount Per Soft Gel Value
Vitamin A 10,000 IU 200%
(as/from fish liver oil and retinyl palmitate)

Other Ingredients: Safflower oil. Soft Gel Shell: Beef gelatin, glycerin, water. Contains fish (cod, pollock, haddock).

WARNING: Taking vitamin A from retinol in quantities of 10,000 IU or more is known to cause birth defects or other reproductive harm.

**Directions:** Adults take one soft gel daily **at mealtime**. Do not take if you are pregnant or planning to become pregnant.

## POTENCY & QUALITY GUARANTEED



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