

Suggested Usage: Take 1 capsule 1 to 2 times daily as needed, preferably on an empty stomach.

L-Theanine is a unique amino acid found naturally in the tea plant (*Camellia sinensis*). L-Theanine promotes relaxation while maintaining alertness and promotes healthy cognitive function.* L-Theanine may also support healthy vascular function through this relaxing effect.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CAPSULE SIZE

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

CODE 0147B V5



Double Strength L-Theanine 200 mg

Stress Management*

- Promotes Relaxation*
- Healthy Vascular Function*
- With Inositol

60 Veg Capsules

Non-GMO

A Dietary Supplement Vegetarian/Vegan



Amino Acids

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

| | |
|------------|---------|
| L-Theanine | 200 mg* |
| Inositol | 100 mg* |

* Daily Value not established.

Other ingredients: Vegetable Polysaccharide (capsule), Magnesium Stearate (vegetable source) and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product has twice the L-Theanine (200 mg per capsule) as in our regular strength product (100 mg per capsule).

Store in a cool, dry place after opening.
Please Recycle.

