Suggested Use: For adults, take 1 softgel per day with a meal or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition (especially kidney stones or dysfunction, hyperparathyroidism, hypercalcemia, lymphoma, or sarcoidosis), are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Jarrow Formulas® Vitamin D₃ provides cholecalciferol, which is more biologically active than ergocalciferol (D₂). Vitamin D₉ is ultimately converted to its hormonally-active form, calcitriol, in the kidney. Calcitriol enhances dietary calcium and phosphorous absorption, stimulates the synthesis of osteocalcin (an important structural protein in bone), and supports a healthy immune response.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Choleculciferol
Vitamin In Extra Virgin
Olive Oil

1000 IU

Supports: Calcium and Bone Metabolism* Immune Function*



Supplement Facts

Serving Size 1 Softgel Servings Per Container 100

Distributed Exclusively by:

Superior Nutrition and Formulations

P.O. Box 35994

Los Angeles, CA 90035-4317

www.Jorrow.com

Amount Per Serving % DV

Vitamin D₃ (Cholecalciferol) 25 mcg (1,000 IU) 130%

Other Ingredients: Extra virgin olive oil; softgel consists of bovine gelatin, glycerin and purified water.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

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Lot #. Best Used Before