

Directions: Use a PurelyPak daily with or without meals. Take all at once or throughout the day. Add a pak to smoothies. Great for the whole family.

PurelyPak is real, whole food vitamins, no chemicals. Why waste money on hard-to-absorb chemical/synthetic vitamins when you can get the real thing? The body better absorbs whole food vitamins, and PurelyPak is truly whole food. For instance, the rich, natural-source vitamin C in PurelyPak is from the Amazon camu camu berry. Wild sockeye salmon provides the richest nonsynthetic source of vitamins A and D plus EPA, DHA, and the most complete spectrum of omega 3-6-9 fatty acids. PurelyPak also supplies nonsoy, non-GMO vitamin E from the finest sunflower seeds. Grass-fed beef liver (chlorophyll green) capsules supply additional B vitamins plus B₁₂, vitamins A, D, and more. Take PurelyPak, the only truly natural whole food vitamin supplement plan, every day.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Mfd. for NAHS, P.O. Box 4885
Buffalo Grove, Illinois 60089
800-243-5242 • 847-473-4700
www.oreganol.com

North American
Herb & Spice

Power of Nature

PurelyPak

WHOLE FOOD VITAMIN COMPLEX

14-DAY SUPPLY
Dietary Supplement

vitamins A, D, & F
B vitamin complex
vitamin C
vitamin E

Supplement Facts

Serving size: 1 Pak (7.3 g)

Servings per container: 14

Amount Per Serving	% Daily Value
Calories 30	Calories from fat 18
Total Fat 2 g	3%
Saturated Fat 0 g	
Trans Fat 0 g	
Cholesterol 10 mg	0%
Sodium 0 mg	1%
Total Carb. 1 g	4%
Protein 2 g	
Omega-3s 264 mg	Omega-6s 35 mg
Omega-9s 335 mg	EPA 107 mg
DHA 95 mg	
Vitamin A 90%	Vitamin C 250%
Vitamin D 55%	Vitamin E 1500%
Iron 0%	Calcium 0%
* % Daily Values based on a 2000 calorie diet.	
Thiamin 0.150 mg	10%
Riboflavin 0.250 mg	16%
Niacin 2.25 mg	10%
Pantothenic Acid 0.53 mg	5%
Vitamin B ₆ 50 mcg	3%
Biotin 6 mcg	5%
Folic Acid 40 mcg	10%
Vitamin B ₁₂ 5 mcg	90%
Choline 25 mg	1

*No daily value established.

Ingredients: grass-fed Argentinian beef liver, wild Alaskan sockeye salmon oil, torula yeast, rice bran, rice germ, sunflower seed oil, camu camu berries, acerola cherry, *Rhus coriaria* powder, rose hip powder, cold-pressed Austrian pumpkin seed oil, cold-pressed red palm oil, wild rosemary extract, wild high-mountain oregano

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