Supplement Facts

Serving Size: 1 Scoop (44g) Servings Per Container: Approx. 10

| Amount Per Serving | | % Daily Value |
|--|-------|------------------|
| Calories | 160 | |
| Calories from Fat | 20 | |
| Total Fat | 2.5g | 4%* |
| Saturated Fat | 1.5g | 8%* |
| Cholesterol | 70mg | 23% |
| Total Carbohydrate | 4g | 1%* |
| Sugars | 1g | <u></u> |
| Protein | 30g | 60%* |
| Calcium | 400mg | 40% |
| Sodium | 140mg | 6% |
| Nitro-Amino Matrix | | |
| L-Leucine (as Whey Protein, L-Leucine) | 3.2g | † |
| L-Isoleucine (as Whey Protein, L-Isoleucine) | 1.9g | † |
| L-Valine (as Whey Protein, L-Valine) | 1.8g | |
| Scientifically Studied Musclebuilder | | |
| Creatine Monohydrate | 3g | |

*Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

Other Ingredients: Isolate Protein & Peptide Blend (Whey Protein Isolate, Whey Peptides, Whey Protein Isolate 97%), Whey Protein Concentrate, Maltodextrin, Calcium Carbonate, Natural and Artificial Flavors, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Enzyplex (Papain, Amylase), Salt, Sucralose, Acesulfame-Potassium, Soy or Sunflower Lecithin. Contains milk and soy ingredients. Processed in a facility that processes wheat, egg, tree nut, peanut, fish and shellfish ingredients.

Directions: Mix 1 serving (1 scoop) with 6 oz. of cold water or skim milk or mix 2 servings (2 scoops) with 12 oz. of cold water or skim milk in a glass or shaker cup. Use between major meals and after exercise. Drink 8 to 10 glasses of water daily. For maximum results, consume 4 scoops of **NITRO-TECH**® daily for a minimum of 6 weeks.

Note: To maintain product freshness, store in a cool, dry place (60°F to 80°F). This product is sold by weight. Some settling may occur. Shake container before use.

▲These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

















If you're serious about performance and results, you need the ALL-NEW MuscleTech® Performance Series!

- NO Proprietary Blends
 NO Fillers
- NO Underdosed Key Ingredients
- NO Banned Substances

- NO Hype
 - Hype NO Exceptions
- Just the Most Powerful Formulas Available

The Most Powerful Protein Formula Ever Developed NITRO-TECH® is a scientifically engineered whey isolate+ lean musclebuilder formula designed for all athletes who are looking for more muscle, more strength and better performance. NITRO-TECH® contains protein sourced primarily from whey protein isolate and whey peptides – two of the cleanest and purest protein sources available to athletes. Other whey protein supplements might have only a few grams of these highly bioavailable and easily digested proteins. NITRO-TECH® is also enhanced with the most studied form of creatine for even better gains in muscle and strength.▲

70% Better Than Regular Whey Protein for Gains in Lean Muscle In a 6-week, double-blind study involving 36 test subjects with

In a 6-week, double-blind study involving 36 test subjects with at least 3 years of weight training experience divided into three groups, subjects combining the core ingredients in NITRO-TECH® with a weight training program gained 70% more lean muscle than subjects using regular whey protein (8.8 vs. 5.1 lbs.) and increased their bench press more than subjects using regular whey protein (34 vs. 14 lbs.). These same subjects even gained 4 times the lean muscle as subjects using a placebo (8.8 vs. 2.0 lbs). This formula provides 30g of protein from ultra-pure protein. Plus, it delivers a clinically proven dose of creatine.

REFERENCES

1. Burke et al., 2001. International Journal of Sport Nutrition and Exercise Metabolism. 11(3):349-64.

This product contains 3g of creatine per serving, which is in addition to the 30g of protein per serving shown in the Supplement Facts. Creatine in combination with whey protein has been clinically shown in a published study in the *International Journal of Sport Nutrition and Exercise Metabolism* to be more effective for building muscle than just whey protein alone. There are no added amino acids contained within this formula that are counted towards the total amount of protein listed on the label.

WARNING: Do not use if pregnant or nursing. Consult a medical doctor before starting any diet or exercise program or if you have a medical condition. **Do not use** if packaging has been tampered with. **KEEP OUT OF REACH OF CHILDREN.**



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