

- Provides 50 mg EPA/DHA
- Excellent source of vitamin D
- Features nutrients important for eye and vision health*

No Dairy, No Peanuts, Gluten Free.

Processed in a facility with products that contain egg, fish, shellfish, soy and tree nuts.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222



KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.
Best if refrigerated after opening.

GNC
milestones®

kids

**Gummy DHA
For Kids 2-12**

Dietary Supplement

Omega-3s +
nutrients
important for
overall health*



Gluten Free, No Dairy
Natural Assorted Fruit Flavors

120 GUMMIES



CODE 102821

CPG

Directions: As a dietary supplement, take one serving daily with food. Parents may give each child two gummies per day. Instruct child to chew each gummy carefully and thoroughly.

Supplement Facts

Serving Size	Two Gummies		Two Gummies	
Servings Per Container	60		60	
Amount Per Serving	% Daily Value For Children 2-4 Years of Age		% Daily Value For Children 4 Years of Age and Up	
Calories	20		20	
Total Carbohydrate	4 g	*	4 g	1%†
Sugars	3 g	*	3 g	*
Vitamin A (as Retinyl Palmitate)	500 IU	20%	500 IU	10%
Vitamin C (as Ascorbic Acid)	6 mg	15%	6 mg	10%
Vitamin D (as Cholecalciferol D-3)	200 IU	50%	200 IU	50%
Vitamin E (as d-Alpha-Tocopheryl Acetate)	3 IU	30%	3 IU	10%
Omega Fatty Acid Blend	300 mg	*	300 mg	*
Total Omega-3 Fatty Acids	100 mg	*	100 mg	*
EPA/DHA (from Purified Fish Oil)	50 mg	*	50 mg	*
ALA (from Flaxseed Oil)(Plant Based)	50 mg	*	50 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Glucose Syrup, Sucrose, Gelatin, Natural Flavors, Soy Lecithin, Citric Acid, Lactic Acid, Colors (Turmeric, Purple Carrot Juice Concentrate, Black Carrot Juice Extract, Blueberry and Carrot Concentrates), Fumaric Acid.

CONTAINS: Fish and Soybeans.

WARNING: Take only as directed. Do not exceed suggested dosage. If your child has a medical condition or is on medication, please consult a physician prior to using this product. Not recommended for children under two years of age due to choking. Do not use if inner seal is missing or broken. Do not expose to excessive heat or moisture. Natural colors will darken over time; this does not alter the potency of the product. This product should only be fed to seated, supervised children who are accustomed to chewing solid foods. **KEEP OUT OF REACH OF CHILDREN.**

This product uses high-quality, purified fish oil that has been tested for mercury and PCBs.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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