

BURN FAT & BUILD MUSCLE!*

CARNIVOR SHRED is the ultimate fat burning and muscle building solution, featuring the incredible power of CARNIVOR Beef Protein Isolate and powerful shredding agents such as Super 6-Paradol™, green tea, yerba mate and green coffee bean. CARNIVOR SHRED helps activate brown adipose tissue (BAT) and boosts your metabolism to get you ripped.*

Revolutionary BAT Activation Technology for Extreme Fat Burning®*

- Contains the clinically tested ingredient Super 6-Paradol to help generate heat, release fatty acids from stored fat and trigger thermogenesis in brown adipose tissue (BAT).*
- Helps boost metabolism to burn up to 100 extra calories daily – equal to the calories burned while running 1 mile.®*
- Packed with potent natural plant extracts and herbs rich in polyphenols, methylxanthines and caffeine that work synergistically to enhance fat burning.*
- Helps reduce hunger, decrease cravings and promote satiety.*
- Powerful energizing and mood enhancing effects to take the edge off dieting and help you feel great.*

World's #1 Selling Beef Protein Isolate – Backed By Research to Build Muscle!*

- 23 grams of pure beef protein with 0 fat, 0 cholesterol, 0 sugar, 0 lactose and 0 gluten per serving!
- New clinical research shows that use of CARNIVOR BPI supplementation helps build muscle mass in just 8 weeks.**
- Anabolic Nitrogen Retention Technology™ recycles amino acids for increased muscle building, plus minimizes ammonia and toxin buildup for added anabolism.*

20 Times the Creatine of Steak, Plus Added BCAAs*

- 20 times more creatine per serving than steak to help saturate your muscles for explosive strength, growth and cell volume.*
- Packed with added branched chain amino acids (BCAAs) to promote a positive nitrogen balance, increase protein synthesis, decrease catabolic muscle breakdown, improve workout performance and reduce muscular fatigue.*

@Based on use of 30 mg Super 6-Paradol (grains of paradise) daily for women or 40 mg for men. Two scoops of CARNIVOR SHRED provides 40 mg. GOP. Sugita, J., et al., *Br. J. Nutr.* 1-6 (2013);and Sugita J., et al., *J Nutr Sci Vitaminol* 60(1), 22-7 (2014).

*Sharp, et al., 2015 ISSN International Conference [Poster]. Based on 2 scoops (46 grams protein) daily. Both male and female subjects experienced an increase in lean body mass.

NEW!

MuscleMeds™
PERFORMANCE TECHNOLOGIES

Potent
Energizing
Formula™

FAT BURNING BEEF PROTEIN ISOLATE

CARNIVOR™ SHRED

HYDROLYZED PROTEIN

BURN FAT, BUILD MUSCLE & INCREASE ENERGY*

HELPS BURN UP TO 100 EXTRA CALORIES DAILY®*

REDUCES HUNGER & CURBS CRAVINGS*

ENHANCED WITH POTENT THERMOGENIC AGENTS*

PACKED WITH AMINO ACIDS, CREATINE & BCAAs*

Dietary Supplement
Net Wt. 2.28 lbs. (1,036g)

0
FAT
SUGAR
CHOLESTEROL
LACTOSE

ADVANCED FLAVOR TECHNOLOGY

CHOCOLATE

Naturally and Artificially Flavored

**MADE FROM 100% BEEF PROTEIN • NO GELATIN OR COLLAGEN
SUGAR FREE • CHOLESTEROL FREE • LACTOSE FREE • GLUTEN FREE**

DIRECTIONS: For a delicious protein shake, mix 1 scoop of CARNIVOR SHRED with 6-8 fl. oz. of cold water in a shaker bottle. Protein may foam after mixing. Take 1-2 times daily.

Supplement Facts		
Serving Size: 1 Scoop (37 g) Servings Per Container: 28		
	Amount Per Serving	% Daily Value
Calories	120	
Calories from Fat	0	
Total Fat	0 g	0%†
Cholesterol	0 mg	0%
Total Carbohydrate	8 g	3%†
Dietary Fiber	1 g	4%†
Sugar	0 g	‡
Protein	23 g	46%†
Iron	1.2 mg	7%
Sodium	300 mg	13%
Potassium	200 mg	6%
Advanced Thermogenic Energizing Blend	320 mg	‡
Caffeine Anhydrous, Green Tea (<i>Camellia sinensis</i>) (leaf) extract, Yerba Mate (<i>Ilex paraguariensis</i>) (leaf) extract, Green Coffee Bean (<i>Coffea robusta extract</i>), Super-6-Paradol™ (<i>Aframomum melegueta</i>) (seed) extract		

† Percent Daily Values are based on a 2,000 calorie diet.
‡ Daily Value not established.

Other ingredients: Carnivor-BPI [Hydrolyzed Beef Protein Isolate, creatine monohydrate, BCAAs (L-Leucine, L-Valine, L-Isoleucine), Anabolic Nitrogen Retention Technology™ Intermediates: GKG (glutamine-alpha-ketoglutarate), OKG (ornithine-alpha-ketoglutarate), AKG (alpha-ketoglutarate) and KIC (alpha-ketoisocaproate)], maltodextrin, cocoa, natural and artificial flavors, salt, silica, acesulfame potassium and sucralose.

Contains 175 mg caffeine. Caffeine intake is not advisable in cases of high blood pressure, heart problems, pregnancy or nursing. Limit caffeine intake. Too much caffeine may cause nervousness, irritability, sleeplessness and occasionally, rapid heartbeat. For adult use only. Use only as directed.

WARNING: Very low calorie protein diets (below 400 calories per day) may cause serious illness or death. Do not use for weight reduction in such diets without medical supervision. Not for use by infants, children or pregnant or nursing women.

MORE POWERFUL THAN STEAK!
Per Serving (37 g)

*CARNIVOR Delivers More Muscle Building
Nutrient Power Than Steak!*

**350% More Protein!
20 Times More Creatine!
Fat Free & Cholesterol Free!**

KEY NUTRIENT CONTENT FEATURES	CARNIVOR	STEAK
Protein	23 g	6 g
Creatine	2.5 g	0.12 g
Fat	0 g	7 g
Cholesterol	0 mg	23 mg

Approximate Values.
Comparison based on 37 grams of Carnivor powder vs. 37 grams of steak.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

- Keep out of reach of children. • Store at 10°-30°C (50°-86°F).
- Protect from heat, light and moisture. • Do not purchase if seal is broken.



Manufactured and Distributed by:
MuscleMeds Performance Technologies
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