

Nutiva® nurtures vitality by conscious curating of the world's finest plant-based organic foods.

QUALITY

Made from organic dried coconut, this creamy, expeller-pressed coconut oil is refined for a neutral flavor and a higher smoke point of 400°F. A perfect choice for baking and frying where a coconut flavor is not desired.

VERSATILE

Use as a vegan butter replacement for baking, as a spread on bread or as an all-purpose cooking oil. Also great for skin care, hair care and massage.

ORGANIC

Made without pesticides, GMOs or hexane.

Also try our organic Chocolate Hazelnut Spread, Plant Protein, Hemp, Chia and Red Palm products. For delicious recipes, visit nutiva.com.

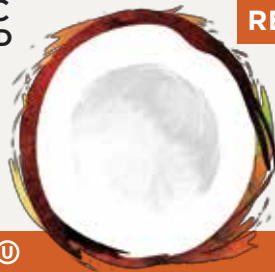


nutiva[®]
NURTURE VITALITY™

coconut oil

ORGANIC SUPERFOOD

Neutral flavor for all recipes



REFINED



15 FL OZ (444mL) ©

Nutrition Facts

Serving Size: 1 Tbsp (15mL)

Servings Per Container About 30

Amount Per Serving

Calories 130 Calories from Fat 130

% Daily Value*

Total Fat 14g 22%

Saturated Fat 13g 65%

Trans Fat 0g

Polyunsaturated Fat <0.5g

Monounsaturated Fat <1g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 0g 0%

Protein 0g

Not a significant source of dietary fiber, sugar, vitamin A, vitamin C, calcium or iron.

*Percent Daily Values are based on a 2,000-calorie diet.

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INGREDIENTS: ORGANIC, REFINED, EXPELLER-PRESSED COCONUT OIL
BOTTLED IN A FACILITY THAT PACKS PEANUT OIL.

**Vegan • Non-GMO • No Hexane
Non-BPA Container
Non-Hydrogenated • 0g Trans Fat**
See nutrition information for fat content.

STORAGE: No refrigeration required; solid at room temperature and melts at 76°F.

NOTE: Any brown specks are natural to coconut.

MANUFACTURED FOR
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CERTIFIED ORGANIC
by QAI and ECOCERT ICO
(US-ORG-016)

Product of the Philippines

