PLATINUM

THE TRUE STRENGTH OF HYDROLYZED WHEY PROTEIN ISOLATES

PLATINUM HYDROWHEY® is the most advanced whey protein we've ever developed. In a word: Excellence. By hydrolyzing whey protein isolates to break larger proteins down into smaller pieces, these ultra-pure whey isolates are able to get into your system rapidly, enabling your muscles to start recovering from heavy training. We've also dialed up this ultra pure and rapidly-digesting formula with added micronized Branched Chain Amino Acids (BCAAs).

SMALLER PIECES = BIGGER RESULTS





SCHEMATIC II LUSTRATION

BEYOND THE BASICS

- Made with Advanced Hydrolyzed Whey Protein Isolates for Fast Delivery.
- > 30 Grams of Ultra-Pure Protein.
- Nearly 9 Grams of Naturally Occurring and Added Leucine, Isoleucine, and Valine (BCAAs) per Scoop.
- > Instantized to Mix Easily with a Spoon.













BCAAs

ADVANCED **HYDROLYZED WHEY PROTEIN ISOLATES**

Nutrition Facts

Servings Per Container 40

Amount Per Serving Calories 140 Calories from Fat 10 % Daily Value Total Fat 10 Saturated Fat 0.5g Trans Fat 0g Cholesterol 5 Sodium 190ma Total Carbohydrate 2 Sugars less than 1c Protein 30a Calcium10% • Iron Not a Significant Source of Dietary Fiber. * Percent Daily Values are based on a 2.000 calorie diet. Your Daily Values may be higher or lower depending on Sat. Fat Less than Cholesterol 300mg

2.400ma

REDIENTS: Hydrolyzed Whey Protein Isolates, Micronized Branched Chain Amino Acids (L-Leucine, L-Isoleucine, L-Valine). Natural and Artificial Flavors. Cookie Crumbs (Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid1, Sugar, Palm and Palm Kernel Oil, Cocoa [Processed with Alkali], High Fructose Corn Syrup, Corn Flour, Salt, Dextrose, Sodium Bicarbonate, Sova ecithin), Lecithin. Contains 1.5% or Less of: Creamer (Sunflower Oil, Maltodextrin, Modified Food Starch, Dipotassium Phosphate, Tricalcium Phosphate, Tocopherols), Salt, Cellulose Gum, Sucralose, Acesulfame Potassium, Enzyme Blend (Aminogen[®], Maltodextrin, Amylase, Protease, Cellulase, Beta-D-Galactosidase, Lipase).

Carbohydrate 4

Sodium

Total Carbohydrate Dietary Fiber

Calories per gram

ALLERGEN INFORMATION: CONTAINS MILK, SOY (LECITHIN). AND WHEAT INGREDIENTS.

IRECTIONS:

PLATINUM HYDROWHEY® is instantized, so it always mixes up easily and completely. Simply add 1 rounded scoop of PLATINUM HYDROWHEY® to a blender, shaker cup, or glass filled with 10-12 ounces of cold water, milk, or your favorite beverage and blend, shake, or stir for 20-30 seconds or until powder is dissolved. TIP: Adjust the flavor of your PLATINUM HYDROWHEY® shake by varying the amount of liquid you use to prepare it. For a slightly thicker consistency with bolder flavor, mix each scoop with 6-8 ounces of water. For a milder tasting less sweet shake, use 14-16 ounces of liquid per scoop.

STACK YOUR SHAKE: By adding dietary supplements including creatine, BCAA, and carbohydrate powders you can make PLATINUM HYDROWHEY® an even better recovery product. TIP: Use faster-acting PLATINUM HYDROWHEY® during the day and more slowly digested PLATINUM TRI-CELLE CASEIN™ at night for around-the-clock amino acid coverage.

SUGGESTED USE: For healthy adults, consume enough protein to meet your daily protein requirements with a combination of high protein foods and protein supplements throughout the day as part of a balanced diet and exercise program.

*NATURALLY OCCURRING AND ADDED AMINO ACID PROFILE

ESSENTIAL AMINO ACIDS (EAAs)	CONDITIONALLY ESSENTIAL AMINO ACIDS (CAAs)	NONESSENTIAL AMINO ACIDS (NAAS)
ryptophan	Arginine	Aspartic Acid
/aline	Cystine	Serine
hreonine	Tyrosine	Glycine
soleucine	Histidine	Alanine
.eucine	Proline	
ysine	Glutamine & Glutamic Acid	
henylalanine		
Methionine		Typical amounts per servi

~ 15.5 G ~9.8 G

STORE IN A COOL, DRY PLACE. CONTENTS SOLD BY WEIGHT NOT VOLUME

MANUFACTURED IN THE USA



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