

USAGE: For children ages 8 and up, chew 1 gummy per day on an empty stomach or as directed by your qualified healthcare professional.

Jarrow Formulas® Theanine Gummies deliver 100 mg L-Theanine per gummy. Theanine is a unique amino acid found almost exclusively in green tea that exerts beneficial effects on brain metabolism.* Theanine induces relaxation without causing drowsiness, as measured by increased generation of alpha-waves.* Theanine may promote learning ability and calmness by affecting dopamine and serotonin neurotransmitters in the brain.* Also, theanine may exert protective effects on the brain by helping to maintain healthy metabolism of glutamate.*

Jarrow Formulas® Theanine Gummies incorporate theanine that is made enzymatically from amino acids and is identical to the theanine found in green tea.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

10217THEGUM PROD # 132008



Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and Formulation™
P.O. Box 35994
Los Angeles, CA 90035-4317
www.Jarrow.com
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PRODUCT OF CANADA

Lot #. Best Used Before:

Jarrow
FORMULAS®



Theanine

G U M M I E S

Suntheanine®

Promotes Learning & Calmness*



apple
flavor

100
MILLIGRAMS

60
GUMMIES

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 1 Gummy
Servings Per Container 60

	Amount Per Serving	% DV
Calories	5	
Total Fat	0 g	0%
Total Carbohydrate	2 g	1%†
Dietary Fiber	1 g	4%†
Sugars	0 g	††
Sugar Alcohol	<1 g	††
Sodium	5 mg	0%
L-Theanine	100 mg	††

† Percent Daily Values based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

†† Daily Value not established.

Other Ingredients: Inulin (chicory root fiber), xylitol, purified water, pectin, citric acid, malic acid, sodium citrate, natural apple flavor, coconut oil and carnauba wax.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts.

Store in a cool, dry place. Do not refrigerate.

Suntheanine® is a registered trademark of Taiyo International, Inc.

Suitable for vegetarians/vegans.

