

**Supplement Facts** 

3061-2c

7.1875" x 2.8125"

Serving Size 1 Capsule

(from calcium ascorbate)

Amount Per Capsule Value

Vitamin C 500 mg (from calcium ascorbate)

Calcium 57 mg 6%

Other Ingredients: Microcrystalline cellulose, magnesium stearate (veg.), beef gelatin capsule.

**Directions:** Take one capsule one to four times daily **at mealtime.** Keep bottle tightly closed. Store away from heat and moisture.

Vitamin C is an essential antioxidant nutrient needed for the building of collagen, maintaining teeth and gum tissue health, and the normal functioning of the body's natural defenses.\*

200сс

Carlson Mild•C capsules contain a non-acidic form of vitamin C that is mild in the stomach.

✓ Gluten-free ✓ Sugar-free

Citrus-free
\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

## POTENCY & QUALITY GUARANTEED

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