

SUGGESTED USE: As a dietary supplement for adults, take one (1) vegetable capsule with every meal or as directed by a healthcare practitioner.

Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving

Proprietary Enzyme Blend Activity	200 mg**
Amylase (Carbohydrate Enzyme)	12,500 DU
Protease SP (Protein Enzyme)	50,000 HUT
Lactase (Dairy Enzyme)	1,000 ALU
Pectinase/Phytase (Carbohydrate Enzyme)	75 endo-PGU
Lipase (Fat Enzyme)	1,000 FIP
Bromelain (Protein Enzyme)	100,000 PU
Cellulase (Fiber Enzyme)	500 CU
Papain (Protein Enzyme)	100,000 PU
Invertase (Carbohydrate Enzyme)	300 SU
Maltase (Carbohydrate Enzyme)	300 DP
Alpha Galactosidase (Carbohydrate Enzyme)	150 GalU

Botanical Comfort Blend	225 mg**
Cumin Powder (<i>Cuminum cyminum</i>) (seed), Fennel Extract (4:1) (<i>Foeniculum vulgare</i>) (seed), Chamomile (<i>Matricaria recutita</i>) (flower), Ginger Extract (4:1) (<i>Zingiber officinale</i>) (root), Anise Powder (<i>Pimpinella anisum</i>) (seed)	

**Daily Value not established.

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Silica, Vegetable Magnesium Stearate.

Contains milk, wheat and soy.

FREE OF: Yeast, Sugar, Sodium, Artificial Flavor, Sweetener and Color.

Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Solgar's KOF-K certification #K-1250

Carefully Manufactured by:
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Part No. 22-51299

COMFORT ZONE DIGESTIVE COMPLEX

NATURALLY DEVELOPED TO
HELP BREAK DOWN DIFFICULT
TO DIGEST FOODS*

Solgar® Comfort Zone is an advanced digestive complex that helps to encourage more efficient and thorough digestion...so you can feel better about the foods you eat and worry less about having the foods you enjoy. With 11 naturally derived enzymes, Solgar® Comfort Zone helps to support the body's natural digestive process...so you can turn what you eat...into what you need. Stop avoiding — with Solgar® Comfort Zone you can put your favorite foods back on the menu.


*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Since  1947

COMFORT ZONE DIGESTIVE COMPLEX

HELPS BREAK DOWN
DIFFICULT TO DIGEST FOODS*

11 High Activity
Enzymes
Balanced
Herbal Blend



SUITABLE FOR LACTO-VEGETARIANS



90 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

COMFORT ZONE DIGESTIVE COMPLEX

Having the right enzyme support can make a difference in your overall digestive health. Enzymes help to break foods down to the molecular level so they can be absorbed. Because we all digest foods differently, sometimes we can benefit from extra enzyme help in breaking down proteins into amino acids, carbohydrates into simple sugars and fats into fatty acids. Adding one capsule with every meal can make a real difference in your relationship with food. Getting into the Comfort Zone can make you and your meals fast friends.*



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