Solgar<sup>®</sup> Extra Strength Glucosamine Chondroitin MSM with Ester-C<sup>®</sup> Tablets is ideal for anyone seeking extra nutritional support for their cartilage and joints.\* This formula is specially designed to nourish your joints and cartilage, bring fluid into the joints and helps maintain flexibility, mobility and comfortable movement.\* This formula also contains Ester-C<sup>®</sup> to support joint health by helping to maintain enzymes necessary for collagen formation in their active state.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Individual results may vary.

Carefully Manufactured by: Solgar, Inc. 500 Willow Tree Road Leonia, NJ 07605 U.S.A.

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## EXTRA STRENGTH

GLUCOSAMINE CHONDROITIN MSM WITH Ester-C

## PROMOTES HEALTHY JOINTS\* SUPPORTS COMFORTABLE MOVEMENT\*

Non-GMO GLUTEN, WHEAT & DAIRY FREE 180 TABLETS

DIETARY SUPPLEMENT

## **Supplement Facts**

| Serving  | Size: | 3 Tablets         |    |
|----------|-------|-------------------|----|
| Servings | Per   | <b>Container:</b> | 60 |

| Amount Per Serving                                      |                         | %DV    |  |  |
|---|-------------------------|--------|--|--|
| Calories  | 15                      |        |  |  |
| Total Carbohydrate                                      | 3 g                     | 1%**   |  |  |
| Vitamin C 60 mg 67%<br>(as Ester-C®, calcium ascorbate) |                         |        |  |  |
| Sodium†   | 120 mg                  | 5%     |  |  |
| Glucosamine Sulfate<br>(from Glucosamine Sulfat         | 1500 mg (1.5<br>e 2KCl) | g) *** |  |  |
| Sodium Chondroitin Sulfate                              | 1200 mg (1.2            | g) *** |  |  |
| MSM<br>(methylsulfonylmethane)                          | 700 mg<br>(as OptiMSM®) | ••••   |  |  |

\*\* Percent Daily Values (DV) are based on a 2,000 calorie diet

\*\*\*Daily Value (DV) not established

Gluter-Free

Other Ingredients: Vegetable Stearic Acid, Vegetable Cellulose, Silica, Vegetable Magnesium Stearate, Vegetable Glycerin. Contains shellfish (crab, crayfish, lobster, shrimp). Naturally occurring. SUGGESTED USE: As a dietary supplement for adults, take three (3) tablets daily, preferably with a meal or as directed by a healthcare practitioner.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Artificial Flavor, Sweetener, Preservatives and Color.

If you are pregnant, nursing, taking any medications, including blood thinners, or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Diabetics, use only under a physician's supervision. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

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OptiMSM is a registered trademark of Cardinal Associates, Inc. DBA Bergstom Nutrition.

