PROBIOTIC-CULTURED. NON-GMO PROJECT VERIFIED. WHOLE-FOOD COMPLEXED.

Suggested use: Two tablets daily. Can be taken anytime, even on an empty stomach.

Gluten free; 100% vegetarian; no artificial flavors or colors.

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Please refer to newchapter.com for more information about this product and its benefits.

Caution: As with any dietary or herbal supplement, you should advise your healthcare practitioner of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your healthcare practitioner prior to using this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product uof reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Please recycle this bottle after use. 0304-D01 © 2015 New Chapter, Inc.



every **woman MULTI**VITAMIN

Whole-Food Cultured Multivitamin with Nutrients for Immune, Stress and Hormone Support

Can be taken on an empty stomach

120 Tablets

Supplement Facts

Serving size 2 Tablets

Servings per container 60

Amount per serving		%DV	Amount per serving		%DV
Vitamin A (100% as beta-carotene from culture media)	5000 IU	100%	Chromium (as chromium chloride from culture media)	100 mcg	83%
Vitamin C (as ascorbic acid from culture media)	60 mg	100%	Molybdenum (as sodium molybdate from culture media)	10 mcg	13%
Vitamin D3 (as cholecalciferol from culture media)	1000 IU	250%	Change (England Compart Diagod (for an authors and dia)	90 mg	
Vitamin E (as d-alpha-tocopheryl acetate from culture media)	30 IU	100%	Stress/Energy Support Blend (from culture media) Organic Schizandra (berry), Organic Maca (root),	90 mg	•
Vitamin K (as phylloquinone [K1] from culture media and as menaguinone-7 [K2] from natto)	80 mcg	100%	Organic Chamomile (flower)		
Thiamin (as thiamine hydrochloride from culture media)	4 mg	267%	Hormone Support Blend (from culture media)	90 mg	•
Riboflavin (from culture media)	5 mg	294%	Organic Chaste Tree (berry), Organic Red Clover (flower), Organic Raspberry (leaf)		
Niacin (as niacinamide from culture media)	20 mg	100%	Immune Support Blend (from culture media)	60 mg	
Vitamin B6 (as pyridoxine hydrochloride from culture media)	5 mg	250%	European Elder (berry) Extract. Organic Eleuthero (root).	60 Hig	•
Folate (as folic acid from culture media)	400 mcg	100%	Organic Astragalus (root)		
Vitamin B12 (as cyanocobalamin from culture media)	30 mcg	500%	Digestive Support Blend (from culture media)	45 mg	•
Biotin (from culture media)	300 mcg	100%	Organic Aloe (leaf), Organic Peppermint (leaf),		
Pantothenic Acid (as calcium D-pantothenate from culture media) 25 mg 2509		250%	Organic Coriander (seed), Organic Cardamom (seed),		
Calcium (from algae Lithothamnion [L. calcareum and L. corallioides]) 50 mg 5%		Organic Artichoke (leaf)			
Iron (as ferrous fumarate from culture media)	9 mg	50%	Cardio Support Blend	30 mg	•
lodine (as potassium iodide from culture media)	75 mcg	50%	Organic Fenugreek (seed) from culture media,		
Magnesium (as magnesium oxide; from culture media 10 mg 2% and algae Lithothamnion [L. calcareum and L. corallioides])		Organic Oregano (leaf) from culture media, Grapeseed Extract, Organic Hawthorn (berry and seed) from culture media			
Zinc (as zinc oxide from culture media)	7.5 mg	50%	Organic Turmeric (rhizome) powder (from culture media)	4.8 mg	•
Selenium (as selenium dioxide from culture media)	100 mcg	143%	Ginger (rhizome) hydroethanolic extract	2.4 mg	•
Copper (as copper sulfate anhydrous from culture media)	750 mcg	38%	Organic Turmeric (rhizome) supercritical extract	1.2 mg	•
Manganese (as manganese chloride from culture media)	2 mg	100%	Organic Ginger (rhizome) supercritical extract	0.6 mg	•

· Daily Value (DV) not established

Other ingredients: Culture media (organic soy flour, organic gum acacia, organic Saccharomyces cerevisiae (active and inactive), organic maltodextrin, organic orange peel powder, organic allal a powder, organic carrot powder, papain (deactivated), hormelain (deactivated), lactic acid bateria (L acidophilus, B. bifdurm, L'hammossi), organic molasses and organic stillower oil), organic gum acida, silicon dioxide, la cresin, caramatiba wax and maltodextrin.

Contains: Fermented soy and fermented wheat (as food source for Saccharomyces cerevisiae).**

** The wheat has been processed to allow this food to meet the Food and Drug Administration (FDA) requirements for gluten-free foods.

Distributed by NEW CHAPTER, INC. 90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301 For questions or comments call 888-874-4461

Certified Organic by International Certification Services, Inc., Medina, ND, USA