## **Biotin**

1000 mcg **DIETARY SUPPLEMENT** 

Promotes Healthy Skin, Nails and Hair\* 100 Tablets

## **Supplement Facts** Serving Size 1 Tablet

Amount Per % Daily Tablet Value Biotin 1000 mcg 333%

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, croscarmellose sodium, stearic acid (veg.), magnesium stearate (veg.), silicon dioxide.

Directions: Take one tablet daily.

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Biotin is a water soluble B-complex vitamin. It plays an integral role in the normal metabolism of carbohydrates, fats and proteins,\* Color variations may occur.

✓ Gluten-free ✓ Sugar-free ✓ Preservative-free

\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure. or prevent any disease.

