



RAW ORGANIC RED MACA POWDER

NUTRIENT-RICH
ENERGIZING SUPERFOOD

- ✓ ORGANIC
- ✓ NON-GMO
- ✓ RAW
- ✓ VEGAN
- ✓ GLUTEN-FREE
- ✓ KOSHER



- MANGANESE**
HEALTHY BONE SUPPORT
- POTASSIUM**
HEART & MUSCLE FUNCTION
- IRON**
SUPPORTS BLOOD HEALTH
- TRACE MINERALS**
HEALTHY CELL STRUCTURE



NET WT. 4oz (113g)

Certified Organic Red Maca Powder

Red maca is a root vegetable grown in the Peruvian Andes. It was sacred to the Incas and has been used as a food and medicine in South America for centuries. As a powerful adaptogen, red maca has a reputation for balancing hormones and increasing fertility and libido in both men and women. It is well known for its ability to help enhance strength and endurance. In fact, Incan warriors would often consume maca before long journeys and battles. Today's athletes are confirming what history has to say about this incredible superfood.

The Sunfood Difference™

Our red maca is grown at high elevations in areas untouched by pollution where it is sun-dried and low-temperature processed into a fine powder. Inferior maca products are grown at lower elevations and processed at higher temperatures. Sunfood Red Maca Powder has a unique earthy flavor, slightly milder than regular maca, which goes well with sweet or savory dishes.

Suggested Recipe

MACA GAZPACHO

- 1 tbsp Red Maca Powder
- 1 1/2 cups tomato juice
- 2 tsp cayenne pepper
- 1 tsp fennel seed
- 3 tsp Kalahari Desert salt
- 1/2 cucumber
- 1-2 celery stalks
- 1 cup Botija olives
- 1 bell pepper
- parsely for garnish



View the full recipe at sunfood.com/recipes

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888 RAW FOOD (729 3663)



Nutrition Facts

Serving Size: 1 tbsp (8g)
Servings Per Container: 14

Amounts Per Serving	
Calories 30	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Potassium 128mg	4%
Total Carbohydrate 6g	2%
Dietary Fiber 2g	8%
Sugars 4g	
Protein 1g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 2%
Vitamin B1 2%	Vitamin B2 2%
Magnesium 2%	Copper 3%
Manganese 3%	Zinc 2%

*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Certified organic raw red maca root

Suggested Use: Add 1-2 teaspoons of Red Maca Powder to smoothies, or try in your favorite recipe!

Storage: Reseal bag after opening. Store in a cool, dry place.

Caution / Allergen Statement: Packaged in a gluten-free facility. May contain traces of tree nuts and peanuts.

May contain a desiccant pack. Do not eat.

Sunfood™
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