



- ✓ RAW
- ✓ VEGAN
- ✓ GLUTEN-FREE
- ✓ KOSHER

RAW SHILAJIT POWDER

MINERAL-RICH
SMOKY FLAVOR



- IRON**
SUPPORTS BLOOD HEALTH
- CALCIUM**
BONE HEALTH
- ZINC**
ESSENTIAL TRACE ELEMENT
- TRACE MINERALS**
HEALTHY CELL STRUCTURE



NET WT. 3.5oz (100g)

Raw Shilajit Extract Powder

Shilajit's origin lies in the ancient organic plant material preserved in the dark crevices of the Himalayan Mountains. As the sun warms up the mountain and melts the snow, a soft, heavy resin seeps out and is collected by local farmers. This thick resin is then dried and ground into a fine powder known as shilajit, meaning "rock-invincible" in Sanskrit. It has a natural smoky flavor and is high in iron with important nutrients like fulvic acid, calcium, selenium and magnesium.

The Sunfood Difference™

Our Shilajit powder is meticulously harvested by hand at high altitudes to ensure the purest product possible. It is then low-temperature dried and tested to be free of pollutants. As a highly potent herb, our Shilajit Extract Powder's general serving requirements are minimal, so a small portion goes a long way.

Suggested Recipe

SMOKY MOCHA

- 2 cups almond milk, warm
- 2 tbsp Cacao Powder
- 1 tsp Maca Powder
- 2 tbsp Agave Nectar
- 1/2 tsp Vanilla Powder
- 1/8 tsp Shilajit Powder

Combine all ingredients in a blender, blend on high, until smooth & creamy.

For more recipes, visit sunfood.com/recipes



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888 RAW FOOD (729 3663)



Nutrition Facts

Serving Size: 1/2 tsp (1.2g)
Servings Per Container: 83

Amounts Per Serving

Calories 3 Calories from Fat 0

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Potassium 50mg **1%**

Total Carbohydrate <1g **0%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 0g

Vitamin A 0% • Vitamin C 0%

Calcium 4% • Iron 30%

Magnesium 1% • Zinc 3%

Selenium 4% • Manganese 1%

*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Raw Shilajit

Suggested Use: Add 1/8 to 1/4 teaspoon to water, tea, nut milk, or your favorite smoothie.

Storage: Store in a cool, dry place away from light.

Caution / Allergen Statement: Packaged in a gluten-free facility. May contain traces of tree nuts and peanuts.

May contain a desiccant pack. Do not eat.

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