

Amount Per Serving		Calories from Fat 60	
		% Daily Value	
Total Fat	7 g		11%
Saturated Fat	2 g		10%
Trans Fat	0 g		
Cholesterol	75 mg		12%
Sodium	350 mg		5%
Total Carbohydrate	90 g		34%
Dietary Fiber	2 g		7%
Sugars	8 g		
Protein	30 g		
Vitamin A	11%	Vitamin C	15%
Vitamin B6	17%	Vitamin E	20%
Calcium	16%	Iron	14%
		Zinc	9%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories:	2000	2500
Total Fat	Less than 65 g	80 g
Saturated Fat	Less than 20 g	25 g
Cholesterol	Less than 300 mg	300 mg
Sodium	Less than 2400 mg	2400 mg
Total Carbohydrate	300 g	375 g
Dietary Fiber	25 g	30 g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Clean Carbohydrate Blend (Glucose Polymers (Maltodextrin), Fructose, Organic Quinoa, Blueberry Powder, Ginger Powder, Monk Fruit, Organic Rice Bran, Oat Fiber), Clean Protein Blend (Whey Protein Concentrate, Whey Protein Isolate, Milk Protein Isolate, Micellar Casein), Clean Lipid Blend (MCTs (From Coconut), Flax Seed Powder, Avocado Powder, Sunflower Powder), Cocoa (processed with Alkali), Natural and Artificial Flavors, BCAAs (L-Leucine, L-Isoleucine, L-Valine), Salt, Guar Gum, Sucralose, Acesulfame Potassium, Stevia.

CONTAINS MILK & SOY LECITHIN. (Soy Lecithin used as emulsifier). Manufactured on equipment that also processes products containing wheat, egg, peanut flavor & fish oil.

Proudly manufactured in the USA by RIVALUS (A Nutrivo Company)
1785 N. Edgewood Dr.
Aurora, IL 60506
1-800-620-4177

UPC
807156001680

NET WEIGHT: 5 LBS. (2273 G)

30

grams of multi-source proteins per serving

560

clean calories per serving

16

servings per container

0

banned substances

CLEAN GAINER™

MUSCLE & WEIGHT ENHANCING PROTEIN

CHOCOLATE FUDGE

NATURAL & ARTIFICIAL FLAVORS

RIVALUS™

INFORMED-CHOICE .ORG
Trusted by sport

WHY CLEAN GAINER?

THE ATHLETE'S CHOICE FOR GREATER GAINS

More "guys who want size" choose CLEAN GAINER because of its killer combo of quality, mass-building protein, low-glycemic carbs, and healthy, natural fats. This world-class fuel not only supports the intense muscle mass needs of top athletes, it supports any competitor's desire for a healthy diet packed with clean calories. Throw in **ZERO BANNED SUBSTANCES**, and you've got yourself a massive winner.

NATURAL HI-QUALITY CALORIES

ORGANIC QUINOA
SUNFLOWER OIL
WILD BLUEBERRY
ROLLED OATS
GINGER ROOT
BROWN RICE
MONK FRUIT
FLAX SEED
OAT FIBER
COCONUT
AVOCADO



FULL SPECTRUM PROTEINS

WHEY ISOLATE
MILK ISOLATE
WHEY CONCENTRATE
MICELLAR CASEIN

BCAA RICH

L-LEUCINE
L-ISOLEUCINE
L-VALINE



CLEANER FUEL =

BETTER MASS

LOW SUGAR

8G PER SERVING



PRO & OLYMPIC ATHLETE TRUSTED WORLDWIDE
100% WADA COMPLIANT

KICK SOME MASS

GO BIG GO BIGGER



30G PROTEIN 60G PROTEIN

90G CARBS 180G CARBS

7G FAT 14G FAT

560 CALORIES 1120 CALORIES



INSTANTIZED POWDER

CLUMP FREE MIXABILITY

14OZ H2O + 2 FULL SCOOPS

TRAINING DAY: A.M. & AFTER WORKOUT
OFF DAY: BETWEEN MEALS

800-620-4177 | RIVALUS.NET | @RIVALUS

Warning: Consult a physician before using if you are unaware of your current health status, if you have a medical condition, or if you or your family has a medical history of cardiovascular disease, diabetes, psychological disorders, hormonal abnormalities, or if you are taking any prescription drug. Do not exceed maximum daily dosage. Do not use if safety seal is broken. Contains ingredients derived from milk. Store in a cool, dry place. KEEP OUT OF REACH OF CHILDREN.