



# Chewable Mild-C®

250 mg



DIETARY SUPPLEMENT

Supports Healthy Immune Function\*

120 Tablets

\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

3051-4a

8.9375" x 3.5"

400cc

## Supplement Facts

Serving Size 1 Tablet

	Amount Per Tablet	% Daily Value
Calories	10	
Total Carbohydrates	2 g	<1%**
Vitamin C (from calcium ascorbate)	250 mg	417%
Calcium (from calcium ascorbate)	28 mg	3%

\*\* Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Fructose, microcrystalline cellulose, stearic acid, methylcellulose, natural tangerine flavor, magnesium stearate, citric acid, silicon dioxide, sodium alginate, sorbitol, xylitol.

**Directions: Adults** – Chew one tablet one to four times daily.  
**Children 4 or more years of age** – Chew one tablet daily.  
Keep bottle cap tightly closed and store in a cool dry place.

### POTENCY & QUALITY GUARANTEED

Distributed by Carlson Division of J.R. Carlson Laboratories, Inc., Arlington Heights, IL 60004  
888-234-5656 • 847-255-1600 • www.carlsonlabs.com  
An FDA Regulated Facility

Vitamin C is an essential antioxidant nutrient needed for the building of collagen, maintaining teeth and gum tissue health, and the normal functioning of the body's natural defenses.\*

Carlson Mild-C® contains calcium ascorbate, a buffered form of vitamin C that dentists prefer. The acidity of ascorbic acid can leach calcium from teeth causing gradual dental erosion. Ascorbic acid may also be difficult for a sensitive stomach to digest. Calcium ascorbate is a non-acidic form of vitamin C that is gentle to the teeth and mild in the stomach.

✓ **Gluten-free** ✓ **Milk/Casein-free**  
✓ **Preservative-free**

\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



3051-4a