**Directions:** For a luscious drink add one teaspoonful of Chag-o-Charge to a cup of boiled water. Or, add 3 teaspoonsful to a 32-ounce thermos filled with boiled water. The hot water extracts the active ingredients. Always reuse the grounds.

Chag-o-Charge wild forest tea is wild, raw chaga mushroom concentrate harvested from wild birch trees. Fortified with wild white birch bark and purple maca, it is a potent source of antioxidants and nutrients. Chaga mushroom contains powerful active compounds such as sterols, polyphenols, betulin, and betulinic acid, the benefits of which are well published. Chag-o-Charge wild forest tea is a source for vital trace minerals such as copper, iron, magnesium, and potassium, as well as B vitamins. It is also a top source of antioxidant enzymes, especially SOD (superoxide dismutase). Chaga has the highest ORAC and SOD levels of any mushroom and has been used as a whole food for centuries. Do not accept cheap imitations made from vat-grown chaga.

49.590 ORAC units per container/1.102 per serving



## **Product Information**

Serving Size: 1 teaspoon (2 grams) Servings Per Container: 45

Ingredients: wild, raw chaga mushroom, wild, raw white birch bark, and organic purple maca root

A sterol-, mineral-, and enzyme-rich infusion

Mfd. for North American Herb & Spice P.O. Box 4885, Buffalo Grove, IL 60089 1-800-243-5242

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A potent, wild whole food non-GMO