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product info

Read the entire label and follow the directions carefully prior to use.

**DIRECTIONS:** Take two (2) capsules twice daily with water or juice, or as recommended by a healthcare practitioner.

**CAUTION:** Those with impaired kidney function should avoid creatine supplements.

Store tightly closed in a cool, dry place.

**WARNINGS:**

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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# LifeExtension®

## Creatine Capsules



Provides Energy and  
Healthy Muscle Support\*

Dietary Supplement **Creapure®** 120 Vegetarian Capsules

### Supplement Facts

Serving Size 2 Vegetarian Capsules  
Servings Per Container 60

Amount Per Serving		% Daily Value
Vitamin C (as ascorbyl palmitate)	12 mg	20%
Creatine (from 1000 mg Creapure® creatine monohydrate)	879 mg	**

\*\*Daily Value not established.

**Other ingredients:** vegetable cellulose (capsule), stearic acid, rice bran, silica.

Non-GMO

Manufactured for:  
**Quality Supplements and Vitamins, Inc.**  
Ft. Lauderdale, FL 33309  
LifeExtension.com

To report a serious adverse event or obtain product information, contact 1-866-280-2852.

Creapure® is a registered trademark of AlzChem AG, Germany, US Reg. No 2715915.