

Family owned since 1968.



Rhodiola

500 mg

Adaptogenic Herb*

- 3% Standardized Extract
- Helps body to adapt to stress of daily life*

60 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Rhodiola Extract (<i>Rhodiola rosea</i>) (Root)	500 mg*
(Standardized to min. 3% Total Rosavins and min. 1% Salidroside)	

* Daily Value not established.

Other ingredients: Cellulose (capsule), Cellulose Powder, Silica and Magnesium Stearate (vegetable source).

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

Please Recycle.



Suggested Usage: Take 1 capsule 1 to 2 times daily on an empty stomach.

Rhodiola (*Rhodiola rosea*) is indigenous to the Arctic and Alpine regions of Europe, Asia and America and has long been used as a tonic by many cultures, including the Ancient Greeks. Rhodiola is generally known as an "adaptogen," a term which refers to any agent possessing the ability to support the body's natural capacity to adapt to life's changing conditions.* NOW® Rhodiola is standardized to 3% Total Rosavins and min. 1% Salidroside.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet. Keep in Bottle.

CODE 4754 V8



CAPSULE SIZE