

# Natural CALM<sup>®</sup>

The best-selling magnesium supplement

**DIRECTIONS:** Place powder in a glass or mug; add approx. 2-3 oz of hot water. Let it fizz, then stir until dissolved. Fill glass with warm or cold water and enjoy. You can also simply add *Natural Calm* to a glass or bottle of cold water.\*

**INGREDIENTS:** Ionic magnesium citrate (created from a highly absorbable proprietary blend of citric acid and magnesium carbonate), **organic** raspberry and lemon flavors, and **organic** stevia.

## Supplement Facts

Serving Size: 1.5 teaspoons (1 pack)

Amount per serving	% Daily Value
Magnesium 235 mg (elemental from magnesium citrate)	58

Distributed by **NATURAL VITALITY**

*Nurture Your Inner Nature*

\*more info at: [www.naturalvitality.com](http://www.naturalvitality.com)

Customer service (866) 416-9216



[Product No. 2930.0003]

deliciousliving  
SUPPLEMENT  
AWARD 2015

Multi-award-winning *Natural Calm*, developed by Peter Gillham, is the best-selling magnesium supplement in the natural products market.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

© 2016 Natural Vitality. All rights reserved.

NATURAL  VITALITY<sup>®</sup>



Raspberry-Lemon Flavor

Natural  
CALM<sup>®</sup>

A RELAXING MAGNESIUM SUPPLEMENT

The Anti-Stress Drink

Vegan • Verified Non-GMO

Restores healthy magnesium levels\*

Contains 30 single-serving packs / Dietary Supplement / Net Wt. 0.12 oz (3.3 g)



2016  
VITY  
AWARD  
VITAMIN  
RETAILER  
MAGAZINE

