



DAVID PERLMUTTER, M.D.

Formulated by America's Brain-Health Expert, a Board-Certified Neurologist, #1 New York Times best-selling author, Fellow of the American College of Nutrition, and expert in the human MICROBIOME.



GLUTEN FREE



VEGETARIAN



SHELF STABLE¹

New desiccant-lined bottle technology for shelf stable probiotics.



Emerging science is showing a link between gut and brain health. Dr. Perlmutter created this unique formula, with clinically studied probiotics, Organic Ashwagandha and Organic Blueberries, to support emotional well-being and relaxation.



EMOTIONAL WELL-BEING[†]

Contains L. helveticus ROO52 and B. longum RO175 in the amount clinically shown to support mood and relaxation.



DIGESTIVE & IMMUNE SYSTEM SUPPORT

50 Billion CFU, 16 Probiotics, Arrive Alive Potency Promise1



STRESS MANAGEMENT[†]

Contains 350mg of Organic Ashwagandha and Organic Alaskan Blueberries.

These statements have not been evaluated by the Food and Drug Administration, This product is not intended to diagnose, treat, cure or prevent any disease.

NO REFRIGERATION REQUIRED



Dr. Formulated **PROBIOTICS**

Mood+

MOOD + DIGESTIVE + IMMUNE SYSTEM[†]

50 BILLION

16 PROBIOTIC STRAINS Promotes Emotional Well-Being & Relaxation† **Promotes Digestive** Balance[†]

MADE WITH ORGANIC ASHWAGANDHA, BLUEBERRIES & ACACIA FIBER

GLUTEN FREE

Suggested Use: Adults take 2 capsules daily. May be taken with or without food. Capsules can be opened. Contents can be taken directly with water or raw juices. Not intended for children.

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Supplement Facts

Serving Size 2 Capsules Servings Per Container 30

Amount Per Serving

Mood Probiotic Blend Lactobacillus acidophilus

Lactobacillus plantarum

Lactobacillus helveticus R0052 Lactobacillus paracase

Lactobacillus casei Lactobacillus brevis

Lactobacillus rhamnosus Lactobacillus bulgaricus

Lactobacillus gasseri Lactobacillus salivarius Total Lacto Cultures (45 Billion CFU)

Rifidohacterium lactis

Bifidobacterium Iongum R0175 Bifidobacterium bifidum

Bifidobacterium breve Bifidobacterium infantis

Bifidobacterium Ionaum Total Bifido Cultures (5 Billion CFU)

Total Probiotic Cultures 50 Billion CEU

Stress Support Blend

Organic Ashwagandha (root), AuroraBlue® Organic Blueberry Complex (Organic Alaska

Blueberry (fruit), Organic Oval-Leaf Blueberry (fruit), Organic Alpine Blueberry (fruit), Organic Dwarf Bilberry (fruit)]

Organic Prebiotic Fiber Blend Organic Potato [Resistant Starch] (tuber), Organic Acacia Fiber (A. senega

+ Daily Value not established.

Other Ingredients: Non-GMO Vegetable Pullulan (capsule).

¹At Expiration Date under recommended storage

conditions. Store in a cool, dry place. L. helveticus ROO52 and B. longum RO175 are fermented in media that may include traces of soy and dairy.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.



Do not use if safety seal is broken or missing. Contains no carriers, fillers, artificial colors, flavors, sweeteners or preservatives.



AutoraBlue[®] is a registered trademark of Denali BinTechnologies, Inc.

60 VEGETARIAN CAPSULES

RAW PROBIOTIC SUPPLEMENT