

Amino acids are the building blocks of protein. Essential amino acids cannot be manufactured by the body and must be obtained through diet or supplementation. Essential Amino Complex provides Free Form essential amino acids to promote optimal absorption and assimilation.

Solgar's KOF-K certification #K-1250

Carefully Manufactured by:  
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# ESSENTIAL AMINO COMPLEX

FREE FORM



Non-GMO  
GLUTEN, WHEAT & DAIRY FREE  
SUITABLE FOR VEGANS



90 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 1 Vegetable Capsule

### Amount Per Serving

L-Histidine (Free Form)	75 mg*
L-Isoleucine (Free Form)	75 mg*
L-Leucine (Free Form)	75 mg*
L-Lysine (as L-lysine HCl) (Free Form)	75 mg*
L-Methionine (Free Form)	75 mg*
L-Phenylalanine (Free Form)	75 mg*
L-Threonine (Free Form)	75 mg*
L-Valine (Free Form)	75 mg*

\*Daily Value not established

Other Ingredients: Vegetable Cellulose, Micro-crystalline Cellulose, Vegetable Magnesium Stearate.

**SUGGESTED USE:** As a dietary supplement for adults, take one (1) vegetable capsule, twice daily, between meals, or as directed by a healthcare practitioner.

**FREE OF:** Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

