

Vitamin C is a water-soluble vitamin that helps fight free radicals, which can lead to oxidative stress and the premature aging of cells. One of its primary functions is collagen formation, which is important for healthy skin and joints. Vitamin C also plays an essential role in the functioning of white blood cells, which are vital components of the immune system. It helps to support cardiovascular health.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by:  
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# VITAMIN C 1000 MG

ANTIOXIDANT HEALTH\*  
IMMUNE SUPPORT\*

Non-GMO  
GLUTEN, WHEAT & DAIRY FREE  
SUITABLE FOR VEGANS

90 TABLETS

DIETARY SUPPLEMENT



## Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	%DV
Vitamin C 1,000 mg (as ascorbic acid)	1,111%

DV= Daily Value

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Vegetable Stearic Acid, Silica, Vegetable Glycerin.

**FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.**

**SUGGESTED USE:** As a dietary supplement for adults, take one (1) tablet daily, preferably with a meal or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Solgar's KOF-K certification #K-1250

