

Wild caught. Pure. No fishy aftertaste.

NORDIC



NATURALS®

- ✓ Healthy Heart*
- ✓ Brain Health*
- ✓ Joint Mobility*

Great
lemon
taste!



ULTIMATE® OMEGA XTRA

3500 mg Omega-3/1000 I.U. D3

Highest-intensity omega-3 + vitamin D3 for maximum
heart, bone, cognitive, and immune support*

Superior Triglyceride Form



Dietary Supplement | 4 fl oz/119 mL

Supplement Facts

Serving Size: 1 Teaspoon (5 mL) Servings per bottle: 24

Amount Per Serving	% Daily Value*	
Calories	45	
Calories from fat	45	
Total Fat	5.0 g	8%
Saturated Fat	0.2 g	1%
Trans Fat	0 g	†
Vitamin D3 (cholecalciferol)	1000 I.U.	250%
Total Omega-3s	3500 mg	†
EPA (Eicosapentaenoic Acid)	2000 mg	†
DHA (Docosahexaenoic Acid)	1000 mg	†
Other Omega-3s	500 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative), vitamin D3 (cholecalciferol in olive oil).

No gluten, milk derivatives, or artificial colors or flavors.

Please recycle this container

Rev. C-02

With 3500 mg omega-3s plus 1000 I.U. vitamin D3, Ultimate Omega® Xtra offers the highest-intensity support for heart, brain, and mood health, joint mobility, body composition, and immune system function.*

Every batch of Nordic Naturals fish oils is tested by a certified lab for environmental toxins, including heavy metals. All fish oils are in the triglyceride form and surpass the strictest international standards for purity and freshness. Certificates of Analysis available upon request.

Suggested Use: One-half to one teaspoon daily, with food, or as directed by your health care professional or pharmacist.

Do not take if tamper-evident seal is broken or missing. Refrigerate after opening. Best if used within 3 months after opening. Keep out of the reach of children.

Warning: Consult with your physician before using this product if you are allergic to iodine, use blood thinners, or anticipate surgery.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Fish oil processed in Norway. Distributed from the U.S. by: NORDIC NATURALS, INC., Watsonville, CA 95076

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7



3