- Micronized Free Form Amino Acids For Faster Absorption*
- Supports Recovery Before, During & After Exercise**
- Caffeine from Natural Sources

TWO SCOOPS = ONE SERVING

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	ENERGY LEVEL	MILD	MODERATE	INTENSE
	AMINO LEVEL	5 GRAMS	10 GRAMS	15 GRAMS
	CAFFEINE	100 MG	200 MG	300 MG

RECOMMENDED USE:

DIAL-UP YOUR ENERGY

FOR PRE-WORKOUT ENERGY SUPPORT*: Take 2-6 scoops 20-30 minutes before training. FOR POST-WORKOUT AMINO SUPPORT*: At least 4 hours after initial pre-workout dose, take 2-4 scoops after training. DO NOT EXCEED MORE THAN 10 SCOOPS PER DAY.

2 scoops of this product contain 100 mg caffeine. D0 NOT EXCEED MORE THAN 6 SCOOPS within any 4 hour period. A person should start with 22 scoops (3100 mg caffeine) to assess toldrance and them gradually increase serving size. Do not exceed 10 scoops per day. Do not combine with alcohol. Consume as part of a healthy diet, and drink at least 100 oz of water per day. Exercise may increase your need for additional fluid intake. Keep out of reach of children



CONCORD GRAPE Naturally and Artificially Flavored

ENERG

- USE ANYTIME + ESSENTIAL AMINO ACID DELIVERY
- TO SUPPORT: + MUSCLE RECOVERY **
 - + ENERGY AND FOCUS*



DIRECTIONS: Mix two scoops of ESSENTIAL AMINO ENERGY in 10-12 oz of cold water.

Supplement Facts

Serving Size Two Scoops (9 g) Serving Size Two Goodpo (

mount Per Serving		%Daily Value
Calories	10	
Total Carbohydrate	2 g	1%*

Amino Blend

Micronized Taurine, Micronized L-Glutamine, Micronized L-Arginine, Micronized L-Leucine, Beta-Alanine (as CarnoSyn®) Micronized Citrulline, Micronized L-Isoleucine, Micronized L-Valine, Micronized L-Tyrosine, Micronized L-Histidine, Micronized L-Lysine HCI, Micronized L-Phenylalanine, Micronized L-Threonine, Micronized L-Methionine

Energy Blend[‡]▲ Caffeine (from Green Tea)‡. Green Tea Extract (Camellia sinensis (leaf)(standardized for EGCG), Green Coffee Extract (bean)

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

‡Total Caffeine from al OTHER INGREDIENTS: Malic Acid, Natural and Artificial Flavors. sources is equal to 100mg/9g serving.

Tartaric Acid, Silicon Dioxide, Calcium Silicate. Citric Acid. Sucralose, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Lecithin, FD&C Blue #2, FD&C Red #40, Inulin.

ALLERGEN INFORMATION: CONTAINS SOY (LECITHIN)

MANUFACTURED BY OPTIMUM NUTRITION, INC.

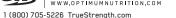
975 Meridian Lake Dr., Aurora, IL 60504



Natural Alternatives International (NAI) is the owner of patents 5,965,596, 6,172,098, 6,426,361, 6,680,294 and registered trademark CarnoSyn®.



TRUE STRENGTH







Contents sold by weight not volume, some settling may occur. ★ When consumed as directed at maximum dosage