

The body converts Vitamin B6 into P-5-P (pyridoxal-5-phosphate) before it can be used. This biologically active, coenzyme form of B6 promotes the metabolism of carbohydrates, proteins and amino acids. P-5-P is one of Solgar's premium-quality Vitamin B products and is specially coated to protect against degradation from stomach acids.\*

Solgar's KOF-K certification # K-1250

Carefully Manufactured by:  
Solgar, Inc., 500 Willow Tree Road  
Leonia, NJ 07605 U.S.A.

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Since 1947

**P-5-P**  
**50 MG**

ACTIVE COENZYME FORM OF B6

SUPPORTS A HEALTHY  
NERVOUS SYSTEM\*

GLUTEN, WHEAT & DAIRY FREE  
SUITABLE FOR VEGANS



100 TABLETS

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving

Pyridoxal-5-Phosphate 50 mg \*\*

\*\*Daily Value not established

Other Ingredients: Dicalcium Phosphate, Methacrylic Acid, Microcrystalline Cellulose, Vegetable Cellulose, Vegetable Magnesium Stearate, Riboflavin, Titanium Dioxide (color), Glyceryl Triacetate, Vegetable Glycerin.

**FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener and Preservatives.**

**SUGGESTED USE:** As a dietary supplement for adults, take one (1) tablet daily, preferably with a meal or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

