

**Directions:** Take one or more capsules at bedtime.

Hempanol PM is the natural way to support sleep function. Also, use it whenever you need to relax. Calm yourself to sleep through the powers of organic hemp plus hops and cinnamon.

Beta caryophyllene occurs naturally in hemp, oregano, hops, and cinnamon. Each capsule contains 300 mgs crude, whole hemp extract. Enduring wellness is the key for a great life.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Mfd. for North American Herb & Spice (NAHS Therapy)  
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**NAHS**  
THERAPY

CO<sub>2</sub>-Extracted  
Beta Caryophyllene-Rich

**Hempanol PM™**  
Sleep & Wellness Support Formula

Crude whole food  
hemp & hops extract



Dietary Supplement

60 (140 mg) softgels

## Supplement Facts

Serving Size: 1 softgel, per container 60

Amount Per Serving	% Daily value
Proprietary blend 140 mg in organic extra virgin olive oil	
Raw, organic, CO <sub>2</sub> -extracted wild oregano	*
Raw, organic, CO <sub>2</sub> -extracted organic hemp	*
Cinnamon essential oil	*
Raw, CO <sub>2</sub> -extracted hops	*
Raw, CO <sub>2</sub> -extracted chamomile	*
*Daily value not established	

Other ingredients: BSE-Free beef gelatin, Non-GMO

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